

# SHY Long Course Invitational Meet

Sunday June 18, 2017 at Pleasant Valley Pool

## Participating Teams

GMY	Greater Morristown YMCA
RBY	Red Bank YMCA
RANY	Randolph YMCA
RY	Ridgewood YMCA
RVYM	Raritan Valley YMCA Riptide
SAY	Summit Area YMCA
SHY	Somerset Hills YMCA
SVY	Somerset Valley YMCA
NJBL	Wayne YMCA Bluestreaks
WFY	Wyckoff YMCA Sharks

## Schedule

Warm Up	6:00 AM
Meet Start	7:10 AM

## Timing Assignments

		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
At Start end of pool	Timer 1	SHY	SHY	SHY	SHY	SHY	SHY
	Timer 2	RBY	RBY	RANY	SAY	RY	NJBL
At Turn end of pool	Timer 3	SHY	SHY	SHY	SHY	SHY	SHY
	Timer 4	RBY	RANY	RANY	SAY	RY	SVY

Backup Timers: SHY

### Notes to Lane Timing Assignments:

1. Each timing assignment is for the entire session.
2. Teams may substitute individuals in the timing position

## Warm Up Schedule

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
6:00 to 6:20 AM	SHY	SHY	SHY	SHY	SAY	SAY
6:20 to 6:40 AM	RY	RY	NJBL	RVYM	WFY/GMY	SVY
6:40 to 7:00 AM	RBY	RBY	RBY	RANY	RANY	RANY