

Big Chill Invitational 2017

Hosted by Lakeland Hills YMCA

At Lakeland Hills YMCA

Held under the sanction of USA Swimming

<u>Meet Sanction #</u>	NJ Swimming Sanction #-NJS120917SC It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
<u>Date of Meet:</u>	December 9-10, 2017		
<u>Location:</u>	100 Fanny Road, Mountain Lakes, NJ 07046		
<u>Facility Info:</u>	Lakeland Hills YMCA is a six lane, 25 yard pool. There is no warm-up pool. There is a Colorado timing system with a digital scoreboard. There is balcony seating for spectators. On Sunday, there is limited seating in the pool area so swimmers will stay in the gym between events and be marshaled into the pool area. Each team will be responsible for chaperoning their swimmers while they are in the gym. The depth at the starting blocks is approximately 12 feet and the depth at the turning end is 4 Feet.		
<u>Pool Certification Statement:</u>	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.		
Host Team Contact:	Keira Cruz	973-334-2820 x31	keirac@lhymca.com
Meet Director:	John Bernauer	201-390-6412	john@isenj.com
Meet Referee:	Chuck Graf	201-650-1161	charlesegraf@gmail.com
Administration Official:	Gail Kelly	201-805-1139	kelly512@optonline.net
Safety Marshall:	Sean McCrudden	973-334-2820 x31	sean@lhyswim.com
Entry Coordinator:	Keira Cruz	973-334-2820 x31	keirac@lhymca.com
Entries Open:	Monday, October 30, 2017, 9:00AM		
Entry Deadline:	Tuesday, November 28, 2017, 6:00PM		
Swimmer Age:	Age for this meet is age as of December 9, 2017 .		
Entry Fees:	Individual event entry fee: \$4.00		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none"> • There will be 9-10, 11-12, 13-14, and 15-18 events. • The 500 Free & 400 IM will be swum as a combined age-group events (13-18) but scored separately. • There are qualifying standards for entry to this meet that swimmers must be slower than. • This meet will be run as a timed final meet. • This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted for Sunday, swimmers will be marshaled from the gym to the blocks. The Saturday events will be posted and swimmers will report directly to the blocks. 		
Entry Limits:	Saturday: (1) Individual event	Sunday: (3) Individual Events	
Checks Payable To:	Lakeland Hills YMCA		
Email Entry Files To:	Keira Cruz keirac@lhymca.com		
Mail Checks/Waivers	Keira Cruz LHYMCA 100 Fanny Road Mountain Lakes, NJ 07046		

Order of Events

SESSION 1, Sat PM		WARM-UP: 5:00 PM		START: 5:55 PM	
	GIRLS	EVENT	BOYS		
Event	Slower Than...		Slower Than...	Event	
1A	5:38.29	13/14 500 FREE	5:28.29	2A	
1B	5:23.29	15/18 500 FREE	4:57.89	2B	
3A	5:04.59	13/14 400 IM	4:54.29	4A	
3B	4:50.39	15/18 400 IM	4:26.79	4B	
SESSION 2, Sun AM		WARM-UP: 6:45 AM		START: 8:05 AM	
	GIRLS	EVENT	BOYS		
Event	Slower Than...		Slower Than...	Event	
5	2:37.59	11/12 200 IM	2:37.59	6	
7	2:16.29	15/18 200 IM	2:05.49	8	
9	30.49	11/12 50 FREE	30.49	10	
11	25.99	15/18 50 FREE	22.99	12	
13	1:23.19	11/12 100 BREAST	1:23.19	14	
15	2:35.49	15/18 200 BREAST	2:22.89	16	
17	1:14.19	11/12 100 FLY	1:14.19	18	
19	1:02.79	15/18 100 FLY	56.69	20	
21	2:19.89	11/12 200 FREE	2:19.89	22	
23	56.19	15/18 100 FREE	50.29	24	
25	1:15.19	11/12 100 BACK	1:15.19	26	
27	2:17.39	15/18 200 BACK	2:04.69	28	
29	038.79	11/12 50 BREAST	38.79	30	
31	1:12.09	15/18 100 BREAST	1:04.79	32	
33	33.39	11/12 50 FLY	33.39	34	
35	2:16.69	15/18 200 FLY	2:05.19	36	
37	34.89	11/12 50 BACK	34.89	38	
39	1:03.39	15/18 100 BACK	57.19	40	
41	1:04.09	11/12 100 FREE	1:04.09	42	
43	2:01.39	15/18 200 FREE	1:50.69	44	
SESSION 3, Sun PM		WARM-UP: TBA		START: TBA	
	GIRLS	EVENT	BOYS		
Event	Slower Than...		Slower Than...	Event	
45	2:24.19	13/14 200 IM	2:18.39	46	
47	1:24.59	9/10 100 IM	1:24.59	48	
49	27.49	13/14 50 FREE	25.79	50	
51	34.19	9/10 50 FREE	34.19	52	
53	2:43.29	13/14 200 BREAST	2:37.29	54	
55	43.99	9/10 50 BREAST	43.99	56	
57	1:06.39	13/14 100 FLY	1:03.39	58	
59	39.29	9/10 50 FLY	39.29	60	
61	59.59	13/14 100 FREE	56.29	62	
63	1:13.89	9/10 100 FREE	1:13.89	64	
65	2:24.19	13/14 200 BACK	2:18.19	66	
67	40.09	9/10 50 BACK	40.09	68	
69	1:16.99	13/14 100 BREAST	1:12.09	70	
71	1:35.39	9/10 100 BREAST	1:35.39	72	
73	2:26.49	13/14 200 FLY	2:20.29	74	
75	1:28.69	9/10 100 FLY	1:28.69	76	
77	1:06.99	13/14 100 BACK	1:04.89	78	
79	1:24.19	9/10 100 BACK	1:24.19	80	
81	2:08.19	13/14 200 FREE	2:02.69	82	

Meet Schedule:

Day	Session	Age Groups	Warm-up	Start
Saturday	1	13/older 500 Free & 400 IM	5:00pm	6:00pm
Sunday	2	15/18 & 11/12	6:45am	8:05am
Sunday	3	13/14 & 9/10	TBA	TBA

Scoring:	There will be no team scoring.
Awards:	Medals will be awarded to the top 3 in each event. Ribbons will be awarded to 4 th -6 th place in each event.
Starts:	Overhead starts will be used.
Admissions and Programs:	Admission: \$5 per person, children under 12 are free Psych sheets: \$5 per session. Purchase of a psych sheet for the session will entitle a ticket holder to a heat sheet once available.
Concessions:	Food and drink will be available for purchase.
Vendor:	California Beach Hut will be on site.
Entry Information:	<p>Each swimmer is limited to one (1) individual event on Saturday and three (3) individual events on Sunday.</p> <p>There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt.</p> <ul style="list-style-type: none"> • All entries will be accepted on a first come basis. • Entry Fee Summary forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. • Team entries will be considered accepted when the host club accepts the entries. <p>Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.</p>
Distance Events:	The 500 Free and 400 IM are offered on Saturday. Swimmers can only compete in one event on Saturday.
Heat Limited Events:	<ul style="list-style-type: none"> • The 500 Free and 400 IM are heat limited events. No more than five (5) heats of girls (combined age group) and five (5) heats of boys (combined age group) for each event. All teams will be e-mailed the Psych sheet for the 500 Freestyle & 400 IM events, which will also be posted at www.lhyswim.com 72 hours prior to the meet start. • If a swimmer is below the "heat limit" number and does not swim, they will either have their entry fee refunded or they can enter another event if the timeline allows. <p>Refunds will be mailed to the clubs with swimmers that did not swim and were below the heat limit number. These refunds will include the names of the swimmers and the event that they were cut from. Refunds will be mailed within one week of the conclusion of the meet.</p>
Entry Times:	<p>New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.</p> <p>All entry times must be in short course yards.</p> <p>All times must be slower than the qualifying standards for this meet.</p>
Swimmer Eligibility:	<ul style="list-style-type: none"> • No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. • All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events. <p>Unattached Swimmers:</p> <ul style="list-style-type: none"> • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form.

Adaptive Provisions:	USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).
Host Club Responsibilities:	<ul style="list-style-type: none"> • The host club will provide a single timer in each lane throughout the meet. • The host club will have stopwatches available for volunteers helping to time. • The host club will e-mail all club entry confirmations back to the participating clubs. • The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: www.lhyswim.com no later than 1 week before the meet. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: www.lhyswim.com no later than 1 week before the meet.
Participating Club Responsibilities:	<ul style="list-style-type: none"> • Participating clubs must help with timing assignments. Timing assignments will be emailed to participating clubs and posted on the swim meet website: www.lhyswim.com 1 week prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. Please notify the Meet Referee, Chuck Graf charlesegraf@gmail.com if you are interested in volunteering as an official.
Coaches Eligibility:	<ul style="list-style-type: none"> • All coaches "on the deck" must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available thru the USA swimming Deck Pass App. • Coaches must show their USA swimming coaching card or Coaches Pass for entrance to facility. • All Coaches must have some form of USA coaching credential verification with them at all times.
Officials:	<ul style="list-style-type: none"> • Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. • Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check your cards. • All officials must wear the standard white and blue uniform. • Officials will be required to work the entire session and will receive free admission.
Meet Format Waiver:	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the Age Group or Senior Chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:</p> <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time frame. <p>Some of the changes that can be made: 1) add a session, 2) heat limit distance events, and 3) Condense sessions</p>
Warm-up Procedures:	<ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. • Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. • All swimmers are entitled to a fair and comparable warm up. All teams will get the same opportunity for general warm-up lanes, sprint lanes and pace lanes. • All general warm-up lanes will swim in a counterclockwise direction. • All swimmers must enter the pool from the starting end of the pool. • NJ Swimming Officials will monitor warm-ups. • On Saturday, the warm-up sessions will be two 25-minute warm-up sessions. • On Sunday, the warm-up sessions will be three 25-minute warm-ups divided by teams. • Warm-up schedules will be e-mailed and posted on the website 1 week prior to the start of the meet.
Check-In:	<p>All check-in sheets must be turned into the control table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.</p>

No Show Procedure:	No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer's maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.
Internet Website Posting:	Internet locations for all meet information: www.lhyswim.com and www.njswim.com . Pre-Meet Information posted on website. <ul style="list-style-type: none"> • Meet Announcement • Downloadable Hy-Tek Events list (.HYV file) • Teams whose entries have been received. • Updated meet schedule. • Warm-up Schedule and Team Warm-up Assignments. • Timing assignments. Post-Meet Information posted on website. <ul style="list-style-type: none"> • Downloadable Results (Zipped .CL2 & .HY3 files) for TM • Printable meet results (.PDF file)
Results:	Results will be emailed to all participating teams. Results will be posted on the New Jersey website: www.njswim.org as well as www.lhyswim.com
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
USA-S Deck Change Policy Statement:	Deck Changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Tech Suit/Swimwear Policy:	Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or Approved competition. “Tech suits” are not permitted at this meet for 12 & under swimmers. “Tech Suits “are defined, as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. A list of restricted suit can be found on the NJ Swimming Website; www.njswim.org
Meet Requirement Statement:	In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.
Directions:	From the North: Follow I-287 South to exit 45 (Myrtle Ave). Turn left at the end of the exit ramp on to Myrtle Ave. Go to the 3 rd traffic light and turn right on to Main Street. At the very next light, turn left on to Morris Ave. Follow Morris Ave (bear left at fork) to stop sign and turn right on to Fanny Road. The YMCA is ¼ mile on the left. From the South: Take I-287 North to exit 43 (Intervale Road/Mountain Lakes). Turn left at end of exit ramp. At the light, turn right on to Morris Ave. Follow straight through stop sign. The YMCA is ¼ mile on the left. From the East: Take 280 West to Route 80 West to I-287 North to exit 43 (Intervale Road/Mountain Lakes). Turn left at end of exit ramp. At the light, turn right on to Morris Ave. Follow straight through stop sign. The YMCA is ¼ mile on the left. From the West: Take 80 East to 287 North to exit 43 (Intervale Road/Mountain Lakes). Turn left at end of exit ramp. At the light, turn right on to Morris Ave. Follow straight through stop sign. The YMCA is ¼ mile on the left.



NEW JERSEY SWIMMING

Big Chill Invitational December 9-10, 2017

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, **Lakeland Hills YMCA**, and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the **Big Chill Invitational on December 9-10, 2017** are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary:

_____ Individual event entries @ \$4.00 = \$_____

Total: \$_____

Make checks payable to: **Lakeland Hills YMCA**