

# Winter Cup

Hosted by

Boys and Girls Club of Clifton "Seahawks"

Saturday, January 27 and Sunday, January 28, 2018

Held under the sanction of USA Swimming

<u>Meet Sanction #</u>	<b>NJ Swimming Sanction # - NJS012717SCB</b>  <b>Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction.</b>  It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
<u>Date of Meet:</u>	Saturday and Sunday, January 27 – January 28, 2018		
<u>Location:</u>	<b>Clifton Boys and Girls Club</b> <b>181 Colfax Ave., Clifton, NJ 07013</b>		
<u>Facility Info:</u>	This facility is a 6-lane pool with a warm down pool, bleacher style seating, gym for marshalling and a Colorado Timing System. The diving block end of the pool is 12 feet deep and the turn end of the pool is 4 feet deep.		
<u>Pool Certification Statement:</u>	The competition course has not been certified in accordance with 104.2.2C (4). This rule requires that pools where World and National records are established need to be certified as to their compliance with pool length requirements of that rule. Times from this meet will be included in SWIMS so long as the swim is one of the standard events recognized by USA Swimming.		
Host Team Contact:	<b>Anna Abakumova</b>	<b>973-773-2697</b>	<a href="mailto:cliftonseahawks@gmail.com">cliftonseahawks@gmail.com</a> <b>PLEASE NOTE THAT ANY ENTRIES SENT TO THIS ADDRESS WILL NOT BE ACCEPTED</b>
Meet Director:	<b>Richard Mariso</b>	<b>973-420-8648</b>	<a href="mailto:richard.mariso@citigroup.com">richard.mariso@citigroup.com</a>
Meet Referee:	<b>Ed Miller III</b>		<a href="mailto:caefmilleriii@msn.com">caefmilleriii@msn.com</a>
Administration Official:	<b>Christopher Hyde and Rina Hyde</b>	<b>201-906-5699</b> <b>646-825-1527</b>	<a href="mailto:wintercup@cliftonseahawks.org">wintercup@cliftonseahawks.org</a>
Safety Marshall:	<b>Rina Hyde</b>	<b>646-825-1527</b>	<a href="mailto:wintercup@cliftonseahawks.org">wintercup@cliftonseahawks.org</a>
Entry Coordinator:	<b>Christopher Hyde</b>	<b>201-906-5699</b>	<a href="mailto:wintercup@cliftonseahawks.org">wintercup@cliftonseahawks.org</a>
Entries Open:	<b>Friday December 15, 2017 at 6am EST</b>		
Entry Deadline:	<b>Saturday, January 12, 2018, or until full</b>		
Swimmer Age:	Age for this meet is calculated as of: <b>Saturday, January 27, 2018</b>		

Entry Fees:	Individual Entry Fee: \$4.00	
Meet Course:	Short Course Yards (SCY)	
Meet Format:	<ul style="list-style-type: none"> <li>• This meet will be run as a timed final meet.</li> <li>• This meet will be deck seeded with coaches checking in/scratching all swimmers.</li> <li>• Swimmers will report to the marshalling area in the gym for organizing heats and lanes and escorted to the pool.</li> <li>• There will be 8 &amp; under, 10 &amp; under, 11-12 and Open events for this meet.</li> </ul>	
Entry Limits:	Daily: Three <b>(3)</b> Individual events	Meet: Six <b>(6)</b> Individual Events
Checks Payable To:	Make checks payable to: <b>BOYS AND GIRLS CLUB OF CLIFTON</b>	
Email Entry Files To:	Email entry files to: <a href="mailto:wintercup@cliftonseahawks.org">wintercup@cliftonseahawks.org</a>	
Mail Checks/Reports	<b>Christopher Hyde, Aquatics Department, 822 Clifton Ave, Clifton, NJ 07013</b>	

## Order of events Winter Cup 2018

POSITIVE CHECK-IN REQUIRED

### Saturday, January 27, 2018

#### Session 1

Age Group	Events	Girls
Open	200 IM	1
11-12	50 Free	2
Open	100 Back	3
11-12	50 Back	4
Open	100 Fly	5
11-12	50 Breast	6
Open	200 Breast	7
11-12	50 Fly	8
Open	200 Free	9

#### Session 2

Age Group	Events	Boys
Open	200 IM	10
11-12	50 Free	11
Open	100 Back	12
11-12	50 Back	13
Open	100 Fly	14
11-12	50 Breast	15
Open	200 Breast	16
11-12	50 Fly	17
Open	200 Free	18

# Sunday, January 28, 2018

## Session 3

Girls	Age Group	Events	Boys
19	8 & under	25 Free	20
21	10 & under	50 Free	22
23	8 & under	25 Back	24
25	10 & under	50 Back	26
27	8 & under	25 Breast	28
29	10 & under	50 Breast	30
31	8 & under	25 Fly	32
33	10 & under	50 Fly	34

## Session 4

Age Group	Events	Girls
Open	100 Free	35
Open	200 Fly	36
Open	50 Free	37
Open	100 Breast	38
Open	200 Back	39

## Session 5

Age Group	Events	Boys
Open	100 Free	40
Open	200 Fly	41
Open	50 Free	42
Open	100 Breast	43
Open	200 Back	44

## Meet Schedule:

Saturday, January 27, 2018		Warm-up	Start
Session 1	Open, 11-12 Girls	7:15 a.m.	8:20 a.m.
Session 2	Open, 11-12 Boys	12:30 p.m.	1:35 p.m.
Sunday, January 28, 2018		Warm-up	Start
Session 3	10 & Under Girls & Boys	7:00 a.m.	8:05 a.m.
Session 4	Open Girls & Boys	12:15 p.m.	1:20 p.m.
Session 5	Open Girls & Boys	4:30 p.m.	5:35 p.m.

The building opening time for Saturday is 6:45am and it is 6:15am for Sunday. **FINALIZED MEET SCHEDULE with starting times for all sessions will be determined after entries are received and a time line created.**

Scoring:	Team Scoring will not be kept.
Awards:	Medals will be awarded for the top 3 individuals in each event.
Starts:	The host club will determine if 'Fly-over'/'Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information. In any case, fly-over starts will not be used for the 10 & Under events.
Admissions and Programs:	Admission will be \$10.00 per session. Program will be posted on the website <a href="http://cliftonseahawks.org">cliftonseahawks.org</a> and available via Meet Mobile app.
Concessions:	Food and refreshments will be available throughout the meet.
Vendor:	Ultimate Swim Shop will be available during the meet.
Entry Information:	<ul style="list-style-type: none"> <li>• In accordance with NJS policy, team entries may be submitted by E-mail to: <a href="mailto:wintercup@cliftonseahawks.org">wintercup@cliftonseahawks.org</a>.</li> <li>• All entries will be accepted on a first come basis.</li> <li>• Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.</li> <li>• The host club reserves the right to scratch any or all entries for swimmers/teams that have not submitted the required forms and entry fee by the time of the meet.</li> <li>• All entries must be Hy-Tek program entries as an attached file to an e-mail.</li> <li>• The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the email. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</li> <li>• An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry.</li> <li>• Accuracy of seed times is essential. Incomplete entries will not be accepted.</li> <li>• Deck entries will not be accepted. No phone or faxed entries will be accepted.</li> </ul>
Entry Times:	<ul style="list-style-type: none"> <li>• New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.</li> <li>• All entry times must be in short course yards.</li> </ul>
Swimmer Eligibility:	<ul style="list-style-type: none"> <li>• No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302.</li> <li>• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition.</li> <li>• Swimmers must use an UN- (New Team Alpha Code) as their team affiliation.</li> <li>• All Unattached swimmers must be listed on the team's official waiver entry form.</li> </ul>
Adaptive Provisions:	USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).

<p>Host Club Responsibilities:</p>	<ul style="list-style-type: none"> <li>• The host club will provide a single timer in each lane throughout the meet.</li> <li>• The host club will have stopwatches available for volunteers helping to time.</li> <li>• The host club will e-mail all club entries back to the participating clubs.</li> <li>• The host club will create a warm-up schedule that will be fair and equal to all teams. This warmup schedule will be e-mailed to all participating clubs and posted on the websites  <a href="http://www.cliftonseahawks.org/blog/wintercup2018">http://www.cliftonseahawks.org/blog/wintercup2018</a> and  <a href="http://www.njswim.org">http://www.njswim.org</a> no later than 1 week before the meet.</li> </ul>
<p>Participating Club Responsibilities:</p>	<ul style="list-style-type: none"> <li>• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet websites: <a href="http://www.cliftonseahawks.org/blog/wintercup2018">http://www.cliftonseahawks.org/blog/wintercup2018</a> and <a href="http://www.njswim.org">http://www.njswim.org</a> 1 week prior to the meet.</li> <li>• Participating club parents must stay off the pool deck except for timing assignments.</li> <li>• All participating clubs are expected to help with the officiating. Officials planning to work at the meet should contact the Meet Referee directly.</li> </ul>
<p>Officials:</p>	<ul style="list-style-type: none"> <li>• Swimming officials from participating teams should contact the meet referee, <b>Ed Miller</b>, <a href="mailto:caefmilleriii@msn.com">caefmilleriii@msn.com</a> with the sessions when they are able to help.</li> <li>• Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee may check cards.</li> <li>• All officials must wear the standard white and blue uniform. Officials will be required to work the entire session and will receive free admission.</li> </ul>
<p>Coaches Eligibility:</p>	<ul style="list-style-type: none"> <li>• All coaches “on the deck” must be current coach members of USA Swimming.</li> <li>• All coaches must have coaching cards visible at all times.</li> </ul>
<p>Meet Format Waiver:</p>	<ul style="list-style-type: none"> <li>• This meet will be run in accordance to current USA Swimming Rules.</li> <li>• The host club has the right to change the format of the meet with the approval of the sanctioning Chairman and either the Age Group or Senior Chairman.</li> <li>• These changes would be made for a more efficient swim meet for the swimmers and the host club.</li> <li>• Reasons for these changes include: 1) To allow more swimmers to swim, 2) To conform to facility capacity limits, 3) To condense the meet into smaller time frame.</li> <li>• Some of the changes that can be made: 1) change estimated start times, 2) combine sessions and 3) limit the number of swimmers.</li> </ul>
<p>Warm-up Procedures:</p>	<p>New Jersey Swimming Warm-up and Safety Guidelines:</p> <ul style="list-style-type: none"> <li>• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• All swimmers are entitled to a fair and comparable warm-up. All teams MUST get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• All swimmers must enter the pool from the starting end of the pool.</li> <li>• Uniformed and designated meet marshals will monitor warm-ups.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> <li>• The warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes the last 5 minutes of each warm-up session.</li> <li>• Warm-up schedules will be e-mailed and posted on the website 1 week prior to the start of the meet.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> </ul>

Check-In:	<ul style="list-style-type: none"> <li>All check-in sheets must be turned into the control table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.</li> <li>There will be no penalty for a swimmer who has not been scratched from the event and who fails to report to the starting blocks for his/her race, except that it will be counted as one of the swimmer’s allowed swims for that day. If the swimmer is at the starting end of the pool ready to swim, the host club will make an effort to provide for that swimmer to swim in an open lane in that event or a later event. However, the host club will not schedule any additional heats to accommodate swimmers who miss their events.</li> </ul>
No Show Procedure:	<ul style="list-style-type: none"> <li>No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer’s maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.</li> </ul>
Internet Website Posting:	Meet information, Hy-Tek Events list (.HYV file) and results will be posted on the New Jersey Swimming website <a href="http://www.njswim.org">http://www.njswim.org</a>
Results:	<ul style="list-style-type: none"> <li>The TM results file will be emailed to all participating teams.</li> <li>Result will be posted on the New Jersey website: <a href="http://www.njswim.org">www.njswim.org</a> and <a href="http://www.cliftonseahawks.org/blog/wintercup2017">http://www.cliftonseahawks.org/blog/wintercup2017</a></li> </ul>
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
USA-S Deck Change Policy Statement:	Deck Changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Tech Suit/Swimwear Policy:	Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or Approved competition. <b>“Tech suits” are not permitted at this meet for 12 &amp; under swimmers.</b> “Tech Suits “are defined, as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. A list of restricted suits can be found on the NJ Swimming Website; <a href="http://www.njswim.org">www.njswim.org</a>
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for Sectional and National level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.

Hotel:	Howard Johnson Inn, Clifton, New Jersey La Quinta Inn and Suites, Clifton, New Jersey
Directions:	<p><b>A. FROM THE WEST- TAKE ROUTE 46 EAST</b> Exit Broad Street-Paterson/ Bloomfield (Clifton)- (Exit <b>before</b> entrance to Parkway North) Proceed through light at end of exit onto Colfax Avenue- Pass Clifton High School and City Hall entrance on right- Turn right into Boys &amp; Girls Club parking lot (immediately past Orchard Street)</p> <p><b>B. FROM THE EAST- TAKE ROUTE 46 WEST</b> Exit Broad Street Clifton- Turn right onto Broad Street- Bear right onto jug handle- Proceed through light onto Colfax Avenue- Pass Clifton High School &amp; City Hall entrance at right- Turn right into Boys &amp; Girls Club parking lot (immediately past Orchard Street)</p> <p><b>C. FROM THE SOUTH- TAKE PARKWAY NORTH</b> Exit 154 onto RT 46 E- Make first right (Paulison Avenue)- Go to traffic light- Make left onto Paulison- Proceed to 1<sup>st</sup> traffic light- Make right onto Clifton Ave.- Proceed to 1<sup>st</sup> traffic light- Make right onto Colfax-Club is on immediate left side before railroad tracks (181 Colfax Avenue)</p> <p><b>D. FROM THE NORTH - TAKE PARKWAY SOUTH</b> Exit 154 onto RT 46 W- Take 1<sup>st</sup> exit off RT 46 W. (Van Houten Avenue exit)-At stop sign, make a right onto Van Houten Avenue. Proceed through first light. At second light, make a left. At next light, make a right onto Colfax Avenue. Pass Clifton High School and City Hall entrance (on right) – Turn right into Boys &amp; Girls Club parking lot (immediately past Orchard Street (181 Colfax Avenue)</p> <p><b>E. VIA ROUTE 3 WEST (FROM NY)</b> Follow RT 3 W- Exit at Broad Street (Clifton)- Turn Left at light onto Allwood Road (end of exit)- Turn right at light onto Broad Street- Turn right at 2<sup>nd</sup> light onto Colfax Avenue- Pass Clifton High School and City Hall entrance (on right)- Turn right into Boys &amp; Girls Club parking lot (immediately past Orchard Street)</p>



NEW JERSEY SWIMMING

# Winter Cup 2018 Saturday and Sunday, January 27 – January 28, 2018

## Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Boys & Girls Club of Clifton, Seahawks and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

## Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form for the Winter Cup meet on January 27 & 28, 2018 are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club’s representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed. Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code \_\_\_\_\_

Signature of Coach and/or Parent/Guardian \_\_\_\_\_

Telephone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Name(s) of Coach(es): \_\_\_\_\_

Name/E-Mail/Phone Number of person to contact regarding this entry:

Name/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary: \_\_\_\_\_ Individual event entries @ \$4.00 = \$\_\_\_\_\_

Total: \$\_\_\_\_\_

MAKE CHECKS PAYABLE TO: Boys & Girls Club of Clifton