

New Jersey Swimming 10 & Under Short Course Junior Olympics

Hosted by Peddie Aquatics
at the Peddie Aquatics Center, Peddie School

(Held under the sanction of USA Swimming)

<u>Meet Sanction #</u>	NJ Swimming Sanction # NJS030318SCB Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
<u>Date of Meet:</u>	Saturday and Sunday, March 3 – 4 of 2018		
<u>Location:</u>	Peddie School, 180 E Etra Rd, Hightstown NJ 08520		
<u>Facility Info:</u>	The Peddie Aquatic Facility pool is a 25-yard, 8-lane pool with anti-turbulent lane-dividers and a Colorado timing system. The depth at the starting end is 7' and the depth at the turn end is 6.5'.		
<u>Pool Certification Statement:</u>	The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.		
Host Team Contact:	Greg Wriede	609-944-7547	gwriede@peddie.org
Meet Director:	Greg Wriede	609-944-7547	gwriede@peddie.org
Meet Referee:	Sirena Carnvale		sirenacarnevale@gmail.com
Administration Official:	Ellen Mace	609-558-0988	Besmarttinc@gmail.com
Safety Marshall:	Cathy Signorin	609-944-8036	Cathysignorin@peddie.org
Entry Coordinator:	Greg Wriede	609-944-7547	gwriede@peddie.org
Entries Open:	Immediately (Note: Teams cannot be closed out of this championship meet provided entries are received by the deadline)		
Entry Deadline:	Monday, February 26th, 2018 by noon		
Swimmer Age:	Age for this meet is calculated as of Saturday, March 3 rd 2018		
Entry Fees:	Entry fee is \$5.00 per individual event, \$8.00 per relay event.		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none"> • This meet will be run in accordance to current USA Swimming Rules. • This meet will be run as timed final meet. • This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own. • Converted will be accepted 		
Entry Limits:	Daily: (4) Individual events (1) Relay	Meet: (8) Individual Events (2) Relays	
Checks Payable To:	Make checks payable to: Peddie School.		
Email Entry Files To:	Greg Wriede – gwriede@peddie.org		
Mail Checks/Reports	Greg Wriede The Peddie School 201 South Main Street Hightstown, NJ 08520		

Order of events

10 & Under Short Course Junior Olympics
Hosted by Peddie Aquatic Association
March 3rd – 4th

DAY 1

Session 1 – 10 and Under Girls		
Saturday, March 3rd		
Warmup: 8:00 am		
Meet Start: TBD		
Girl's Events		Qualifying Times
1	9-10 200 yard Medley Relay	
2	8 & Under 200 yard Medley Relay	
3	9-10 Under 100 yard IM	1:21.59
4	8 & Under 100 yard IM	1:59.99
5	10 & Under 100 yard Backstroke	1:23.39
6	8 & Under 50 yard Freestyle	45.69
7	9-10 50 yard Freestyle	32.19
8	8 & Under 50 yard Breaststroke	1:04.39
9	9-10 50 yard Breaststroke	43.09
10	10 & Under 100 yard Butterfly	1:35.09
11	9-10 500 yard Freestyle	7:07.89
Session 2 – 10 and Under Boys		
Saturday, March 3rd		
Warmup: TBD		
Meet Start: TBD		
Boy's Events		Qualifying Times
12	9-10 200 yard Medley Relay	
13	8 & Under 200 yard Medley Relay	
14	9-10 Under 100 yard IM	1:21.99
15	8 & Under 100 yard IM	1:59.99
16	10 & Under 100 yard Backstroke	1:21.99
17	8 & Under 50 yard Freestyle	44.29
18	9-10 50 yard Freestyle	31.89
19	8 & Under 50 yard Breaststroke	1:03.29
20	9-10 50 yard Breaststroke	44.19
21	9-10 100 yard Butterfly	1:35.59
22	9-10 500 yard Freestyle	7:06.89

DAY 2

Session 3 – 10 and Under Girls Saturday, March 4th Warmup: 8:00 am Meet Start: TBD		
Girl's Events		Qualifying Times
23	9-10 200 yard Free Relay	
24	8 & Under 200 yard Free Relay	
25	10 & Under 200 yard Freestyle	2:41.99
26	8 & Under 50 yard Butterfly	1:04.49
27	9-10 50 yard Butterfly	37.09
28	10 & Under 100 yard Breaststroke	1:35.59
29	8 & Under 50 yard Backstroke	53.49
30	9-10 50 yard Backstroke	38.59
31	8 & Under 100 yard Freestyle	1:49.99
32	9-10 100 yard Freestyle	1:12.29
33	10 & Under 200 yard IM	3:03.79
Session 4 – 10 & Under Boys Sunday, March 4th Warmup: TBD Meet Start: TBD		
Boy's Events		Qualifying Times
34	9-10 200 yard Free Relay	
35	8 & Under 200 yard Free Relay	
36	10 & Under 200 yard Freestyle	2:37.59
37	8 & Under 50 yard Butterfly	1:03.99
38	9-10 50 yard Butterfly	36.89
39	10 & Under 100 yard Breaststroke	1:37.79
40	8 & Under 50 yard Backstroke	1:00.69
41	9-10 50 yard Backstroke	38.09
42	8 & Under 100 yard Freestyle	1:49.99
43	9-10 100 yard Freestyle	1:11.59
44	10 & Under 200 yard IM	3:02.79

Meet Schedule:

Session Schedule		Warm-up	Start
Saturday AM	10 & Under Girls	8:00 AM	TBD
Saturday PM	10 & Under Boys	TBD	TBD
Sunday AM	10 & Under Girls	8:00 AM	TBD
Sunday PM	10 & Under Boys	TBD	TBD

Scoring:	Team scoring will be to 16 places: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 Relays will be double. Team scoring will be for 9-10 swimmers only, Team points will be combined with Junior Olympic results for Team Awards.
Awards:	Medals will be awarded to the top 8 swimmers in each individual event. Medals will be awarded to the top 3 relays in each event. Individual High Point Award for 9-10 only.
Starts:	The host club will determine if overhead starts will be used after a time line has been produced. This information will be e-mailed and posted in the pre-meet information.
Admissions and Programs:	Admission will be \$8.00 for each session. Heat Sheets will be available for free on Meet Mobile, www.peddieswimming.org , and will be posted in multiple locations in the stands as well as the hallway for all parents.
Concessions:	Concessions will be available
Vendor:	Metro Swim Shop will be in attendance.
Entry Information:	<ul style="list-style-type: none"> The qualifying period for this Meet is January 1, 2017 through the entry deadline(s) for the Meet. In accordance with NJS policy, team entries may be submitted by E-mail to gwriede@peddie.org All entries must be Hy-Tek program entries as an attached file to an e-mail. All entries must be accompanied by a copy of the TM Meet Entries report with the Proof of Time option enabled in PDF format. The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone. An entry summary with a signed NJ Swimming waiver and a check must accompany or follow each entry. Accuracy of seed times is essential. Incomplete entries will not be accepted. Deck entries will not be accepted. No phone or faxed entries will be accepted.
Entry Times:	<ul style="list-style-type: none"> New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in short course yards.
Relays:	<ul style="list-style-type: none"> All relays will be swum as timed finals. Teams are limited to 2 relays of each gender.
Swimmer Eligibility:	<ul style="list-style-type: none"> No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. This is a New Jersey Swimming Championship Meet, and as such only New Jersey Swimming registered athletes may enter and compete in this meet. All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed in a team's official entry file in order to be eligible to participate in this swim meet in any events. This includes relay-only swimmers. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use UN-<New Team Alpha Code> as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. All swimmers must have times faster than the meet qualifying time standards. Proof of time is required for all events. Swimmers are permitted to compete in a maximum of three (3) individual events each day. Swimmers are permitted a maximum of 6 individual events during the course of the meet. Swimmers are permitted to compete in a maximum of one (1) relay event each day. Age for this meet is calculated as of March 3rd, 2018.
Adaptive Provisions:	<ul style="list-style-type: none"> USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ Swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).

<p>Host Club Responsibilities:</p>	<ul style="list-style-type: none"> • The host clubs will provide a single timer in each lane throughout the meet. • The host clubs will have stopwatches available for volunteers helping to time. • The host clubs will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs at least 1 week before the meet and posted on the meet web site. • The host clubs will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs at least 1 week before the meet and posted on the meet web site.
<p>Participating Club Responsibilities:</p>	<ul style="list-style-type: none"> • Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs at least one week prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet waiver.
<p>Officials:</p>	<ul style="list-style-type: none"> • Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. • Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check your cards. • All officials must wear the standard white and blue uniform. • Officials will be required to work the entire session and will receive free admission.
<p>Coaches Eligibility:</p>	<ul style="list-style-type: none"> • All coaches “on the deck” must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available thru the USA swimming Deck Pass App. • Coaches must show their USA swimming coaching card or Coaches Pass for entrance to facility. • All Coaches must have some form of USA coaching credential verification with them at all times.
<p>Meet Format Waiver:</p>	<ul style="list-style-type: none"> • This meet will be run in accordance with current USA Swimming Rules. • The host club has the right to change the format of the meet with the approval of the sanctioning Chairman and either the Age Group or Senior Chairman. • These changes would be made for a more efficient swim meet for the swimmers and the host club. • Reasons for these changes include: 1) To allow more swimmers to swim, 2) To conform to facility capacity limits, 3) To condense the meet into smaller time frame. • Some of the changes that can be made: 1) change estimated start times, 2) combine sessions and 3) limit the number of swimmers.
<p>Meet Requirement Statement:</p>	<p>In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for Sectional and National level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.</p>
<p>Warm-up Procedures:</p>	<p>New Jersey Swimming Warm-up and Safety Guidelines:</p> <ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. • All swimmers are entitled to a fair and comparable warm-up. All teams MUST get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes. • All swimmers must enter the pool from the starting end of the pool. • Uniformed and designated meet marshals will monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction. • Warm-up schedules will be e-mailed and posted on the website 1 week prior to the start of the meet.
<p>Check-In:</p>	<p>All check-in sheets must be turned into the control table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.</p>
<p>No Show Policy</p>	<p>No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer’s maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.</p>

Internet Website Posting:	<p>Meet information, Hy-Tek .HYV Event file and results will be posted on the New Jersey Swimming website. www.njswim.org</p> <p>Website addresses: www.peddieswimming.org and www.njswim.org</p> <p>Pre-Meet Information to be posted on www.peddieswimming.org and the NJS website www.njswim.org:</p> <ul style="list-style-type: none"> • Meet announcement and downloadable Hy-Tek Events list (.HYV file) • Updated meet schedule • Warm-up Schedule and Team Warm-up Assignments • Timing assignments <p>Post-Meet Information will be posted at www.peddieswimming.org and the NJS website www.njswim.org</p> <ul style="list-style-type: none"> • Printable meet results in PDF format • TM Results File
Results:	<ul style="list-style-type: none"> • Results will be emailed to all participating teams. • Result will be posted on the New Jersey website: www.njswim.org
USA-S Racing Start Certification Statement:	<p>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>
Audio/Visual Recording Statement:	<p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p>
USA-S Deck Change Policy Statement:	<p>Deck Changes are prohibited.</p>
USA-S Drone Policy Statement:	<p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p>
Tech Suit/Swimwear Policy:	<p>Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or Approved competition. “Tech suits” are not permitted at this meet for 12 & under swimmers. “Tech Suits “are defined, as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. A list of restricted suit can be found on the NJ Swimming Website; www.njswim.org</p>
Hotel:	<ul style="list-style-type: none"> • Holiday Inn, 100 Independence Way. 609-520-1200 • Staybridge Suites, 4375 Route 1. 609-951-0009 • Residence Inn by Marriott, 4225 Route 1. 732-329-9600 • Princeton Courtyard by Marriott, Route 1 & Mapleton Rd. 609-726-9100
Directions:	<p>Take the NJ Turnpike to Exit 8, Hightstown/Princeton. Follow Route 33 West to Hightstown. Make a left at the 2nd traffic light onto Main Street (the firehouse will be in front of you), then go straight through one traffic light and at Ward Street make a left. Make the first right onto South Main Street. Continue past the Peddie School campus and at Etra Road, make a left. Pass the playing fields and the Athletic Center driveway is on the left.</p>



NEW JERSEY SWIMMING

10 & Under Short Course Junior Olympics March 3rd – 4th, 2018

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, **Peddie Aquatics, or the Peddie School** and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form for **10 & Under Short Course Junior Olympics** meet on **March 3-4, 2018** are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary:	_____ Individual event entries @ \$5.00 =	\$_____
	_____ Relay event entries @ \$8.00 =	\$_____
	_____ Swimmer surcharge @ \$0.00 =	\$_____
	Total:	\$_____

MAKE CHECKS PAYABLE TO: Peddie School