

SHY Long Course Invitational Meet

Sunday June 17, 2018 at Pleasant Valley Pool

Participating Teams

GMY	Greater Morristown YMCA
HCY	Hunterdon County YMCA
MEY	Metuchen Edison YMCA
MYM	Montclair YMCA
NJBL	Wayne YMCA Bluestreaks
RANY	Randolph YMCA
RBY	Red Bank YMCA
RY	Ridgewood YMCA
SAY	Summit Area YMCA
SHY	Somerset Hills YMCA
SVY	Somerset Valley YMCA
WFY	Wyckoff YMCA Sharks

Schedule

Warm Up	6:00 AM
Meet Start	7:05 AM

Timing Assignments

		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
At Start end of pool	Timer 1	SHY	SHY	SHY	SHY	SHY	SHY
	Timer 2	RBY	SAY	RANY	SAY	RY	MEY
At Turn end of pool	Timer 3	SHY	SHY	SHY	SHY	SHY	SHY
	Timer 4	RBY	RANY	RANY	SAY	WFY	SVY

Backup Timers: SHY

Notes to Lane Timing Assignments:

1. Each timing assignment is up to the 400 Free (event 10).
2. Teams may substitute individuals in the timing position
3. Swimmers must supply timers for the 400 Free and 400 IM

Warm Up Schedule

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
6:00 to 6:20 AM	SHY	SHY	SHY	SHY/GMY	SAY	SAY
6:20 to 6:40 AM	RY/MYM	RY	WFY	WFY/NJBL	HCY/SVY	SVY
6:40 to 7:00 AM	RBY	RBY	MEY	RANY	RANY	RANY