

NEW JERSEY SWIMMING
2019 SHORT COURSE 13-14 & 15-19 SILVER BRONZE CHAMPS – Reg. C
 Hosted by BERKELEY AQUATIC CLUB
 (Held under the sanction of USA Swimming.)

Meet Sanction #	NJ swimming Sanction #- NJS030219SCB		
	It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Teams Competing in Region C:	ACE, BB, BAC, BGCD, BMA, CCC, CAT, FSPY, GMY, LIFE, MAY, MYM, OCY, RANY, RY, RVYM, SHY, SAY, TWST, WEY, WFY, WY		
	BAC and/or NJ Swimming reserve the right to ask teams to change regions for the purpose of this Meet if one or more of the 13-14 and 15-19 Silver Bronze Meets becomes over or under subscribed.		
Date(s) of Meet:	Saturday, March 2 nd and Sunday, March 3 rd , 2019		
Location:	Berkeley Aquatic Center of Excellence 629 Central Avenue New Providence, NJ 07974		
Facility Info:	<p>The pool is Olympic-sized: 25 yards by 50 meters and utilizes 10 lanes in Short Course or Long Course competition layout. The pool uses pedestal-style blocks with non-turbulent lane lines and an Omega Timing System. Under Long Course layout, the depth of the pool at the starting end is 6'9" and at the turning end is 5 feet. Under Short Course layout, the depth of the 10 competition lanes is 6'9". There are an additional 12 Short Course lanes for use during the general warm-up period that vary in depth from 5' to 6' 9". During Short Course competition, there shall be a two-lane buffer and 10 lanes available for warm-up and warm-down. There is also one 3 lane by 25 yard auxiliary pool for warm-up and warm-down (This pool is only open during Long Course meets). The depth of the auxiliary pool ranges from 6'3" to 4'. There is bleacher seating on deck for up to 250 athletes. Additional bleacher seating is available above the pool deck for up to 300 spectators.</p> <p>Parking is available in the facility lot ONLY. Parking in the lots of any surrounding businesses is strictly prohibited unless otherwise directed.</p>		
Pool Certification Statement:	The competition course has been certified in accordance with 104.2.2C(4).		
Host Team Contact:	Eric Fucito		bac.dolphins@gmail.com
Meet Director:	Becky Hammond	201-401-3617	bec Hammond@hotmail.com
Meet Referee:	Zhongxu Lu Resty Rivera		BLU7393@VERIZON.NET pugadresty@optonline.net
Administration Official:	Becky Hammond	201-401-3617	bec Hammond@hotmail.com
Safety Marshall:	Anitha Kamath	973-818-8193	anithapkamath@gmail.com
Entry Coordinator:	Becky Hammond	201-401-3617	bacmeetentries@berkeleyaquaticclub.com
Entries Open:	Immediately (Note: Teams cannot be closed out of this championship meet provided entries are received by the deadline)		
Entry Deadline:	February 22, 2019		
Swimmers Age:	Swimmer ages for this meet are as of Saturday, March 2 nd , 2019.		
Entry Fees: (non-refundable)	<p>Individual Events: \$6.00 Distance Events: \$12.00 Relay Events: \$9.00</p> <p>PLEASE NOTE: Amended entries will incur a \$5 surcharge in addition to the regular entry fee.</p> <p>The Host Club reserves the right to scratch any/all entries for swimmers/teams that have not submitted the required forms and entry fees by the start of the Meet.</p>		
Meet Course:	Short Course Yards		
Meet Format:	This Meet will be run in accordance with current USA Swimming Rules.		

	<p>This meet will be run as a timed-final Meet.</p> <p>This two-day Meet has been divided into three sessions the first day and three sessions the second day as follows:</p> <p><u>Day One</u> 13-14 & 15-19 Boys; 1650 Freestyle; 13-14 & 15-19 Girls</p> <p><u>Day Two</u> 13-14 & 15-19 Boys; 1000 Freestyle; 13-14 & 15-19 Girls</p> <p>All events will be swum slowest to fastest with the exception of the Distance Events in Sessions 2 and 5 which will be swim fastest to slowest.</p> <p>All time standards referred to in this meet announcement are the current New Jersey Swimming Winter Time Standards.</p> <p>All swimmers must have times slower than the current New Jersey Swimming Winter Gold Time Standards and as otherwise specified in this announcement.</p> <p>Each event will have a Silver Division and a Bronze Division, except for the 400IM and the 500, 1000 and 1650 Freestyles, which will be Silver Only Events. To enter a Silver event, the swimmer's fastest time in that event must be slower than Gold but faster than or equal to Silver. To enter a Bronze event, the swimmer's fastest time must be slower than Silver. (All qualifying times must have been achieved since January 1st, 2018.)</p> <p>If a swimmer is entered in the meet, and then achieves a Gold time in one or more of their entered events prior to the start of the meet, that swimmer MUST be removed from that event(s). They will be allowed to substitute another eligible event(s) if they have any or the entry fee will be refunded if a swimmer is ineligible to compete in a substitute event. Failure to do so will result in the disqualification of the swimmer (even retroactively), and the swimmer's club may be penalized and/or fined by NJ Swimming for each such infraction.</p> <p>Similarly, if a swimmer was initially entered in a Bronze Event and then achieves a Silver time in said event prior to the start of this meet, then that swimmer's entry needs to be amended so they are out of the Bronze Event, and, if appropriate, into the Silver Event. Again, failure to do so will result in the penalties stated above.</p> <p>Bronze "Bottom Cuts":</p> <ol style="list-style-type: none"> 1) There are 5 Bronze Events (50 Freestyle, 100 Freestyle, 100 Backstroke, 100 Breaststroke and 100 Butterfly) that have no bottom cuts. 2) There are 'bottom cuts' for the Bronze Events of 200 Yards. 3) A Bronze level swimmer who does not have times faster than any of the 200 bottom cuts may choose 1 (one) 200 yard event where they do not have a bottom cut in which to participate (giving them 6 events). 4) All individual events of 400 yards or longer are only open to swimmer who have Silver times in those events during the Meet qualifying period (since January 1st, 2017). 5) A Bronze level swimmer cannot pick the 400 IM, 500 Freestyle, 1000 Freestyle or 1650 Freestyle as their 6th event. <p>This Meet will be deck seeded with coaches checking in/scratching all swimmers.</p>
Entry Limits:	Swimmers may swim three (3) individual events per day and one (1) relay per day. Swimmers entered in more than three (3) individual events in a single session/day who fail to scratch down to this number before the check-in /scratch deadline established for the session will only be eligible to swim in the first three (3) events in chronological (not event) order, for which the swimmer was entered in that session/day.
Entry Deadline(s):	<p>Summary of the Entry Deadlines:</p> <p>Friday, February 22nd^t, 2019 by 11:59 PM:</p>

All entries, except amendments, must be received.
These entries must include Proof of Times in a PDF by athlete. Any custom times must be supported by an easy to decipher report with the athlete and time in question highlighted.

'Relay-Only' swimmers must be submitted at this time unless they are submitted through an amendment entry.

Saturday, February 23rd, 2019 by 11:59 PM:

Entry Coordinator will respond, via e-mail, that entries have been received and accepted. If you do not receive an e-mail, you should assume that your entries have not been received and must contact the Entry Coordinator by 11:59 PM on Saturday, February 23rd. If your original e-mail did not go through and you can send the original e-mail proving that you sent it by the deadline, the Entry Coordinator will accept entries at this point.

Sunday, February 24th, 2019 by 11:59 PM:

All known Amendments must be submitted in a separate electronic using a TM file called "2019 Entries from Amendments Region C 13-14 & 15-19 SB".

The "2019 Entries from Amendments Region C 13-14 & 15-19 SB" MUST include proof of times for only the entries in this file in a PDF by athlete.

PLEASE NOTE: These Amendment Entries will incur a \$5 per entry surcharge on top of the regular entry fee.

Relay Amendments:

When adding relays during the amendment process, you must make sure that each relay you have submitted throughout the process has a unique name. For example, if you originally submitted two relays in Event 41, they will be your A and B relays. If you now submit an additional Event 41 with your amendment entries, your Team Manager will call it the "A" relay. You must rename it to the "C" relay or this "new" relay will simply overwrite the previous "A" relay. If you only want to update the times of your "A" relay with amendments (which will cost \$8 plus an additional \$5), then call your relay "A" and the times will be updated without adding a relay.

Monday, February 25th, 2019 by 7 PM:

Entry Coordinator will send, to each team, a copy of all entries submitted thus far, along with Team Rosters. This is each team's FINAL CHANCE to check the entries and to make certain that all swimmers are entered (including 'Relay-Only' swimmers). Please ask swimmers to proof their own entries.

Tuesday, February 26th, 2019:

After a report of your combined entries has been sent to you by the Entry Coordinator:

All further Amendments must be submitted by sending the Entry Coordinator a Hy-Tek file. This file should ONLY contain any additional Amendment entries.

Proof of Times in a PDF by athlete of JUST THESE Amendment Entries is required at this time along with any proof of custom times.

Please Note: It is expected that entries, at this time, will be minimal and will consist ONLY of true mistakes by the Coach or the Entry Coordinator.

Wednesday, February 27th, 2019 by 9 AM:

ABSOLUTE deadline for accepting the last amendments.

Entry Coordinator will respond that amendments (ONLY) have been received and accepted. IF your e-mail did not go through and you can send the original e-mail proving that you sent it by the

	<p>deadline, the Entry Coordinator will accept it. You must contact the Entry Coordinator by noon on Wednesday. Mistakes on participating team's part such as sending the incorrect file will not be corrected by the Entry Coordinator after 9 AM. No changes will be made on deck.</p> <p>Wednesday, February 27th, 2019 by 9 PM:</p> <p>Psych sheets will be posted on the Berkeley website. ONLY errors found on the posted Psych Sheets that were caused by the entry coordinator after the combined entry files were sent will be corrected (example: entry coordinator mistyped entries from your email or inadvertently deleted an entry that was showing on the entries sent to you) Mistakes by participating teams will no longer be corrected. You must have proofed the entries sent to you and have found the mistakes at that time (examples of mistakes that will not be corrected: you forgot a swimmer, you sent the wrong files, you listed the wrong time, you didn't proof the entries sent to you, you missed the deadline etc.) Therefore, if a swimmer or relay is not listed on the psych sheets, the swimmer or relay will not swim.</p> <p>NOTE: It is not necessary to overnight or express mail checks that are sent in support of an e-mailed entry. Please note that if the participating team does not receive a response from the entry coordinator by any of the above deadlines, it is the responsibility of the participating team to contact the entry coordinator by phone.</p>
Checks Payable To:	Blue Streak Aquatic
Email Entry Files To:	bacmeetentries@berkeleyaquaticclub.com
Mail Checks/Reports	Berkeley Aquatic Club – 2019 13-14 and 15-19 Silver Bronze Champs 629 Central Avenue New Providence, NJ 07974

2019 NJS 13-14 and 15-19 Silver Bronze Championships
(ALL QUALIFYING TIMES MUST BE SLOWER THAN CURRENT NJ SWIMMING SHORT COURSE GOLD STANDARDS)

Events – Saturday, March 2nd, 2019

Session 1: 13-14 and 15-19 Boys

Warm-Up: 9:00 AM
 Meet Starts: 9:45 AM

EVENT #	Winter Silver Time Standard:	Winter Gold Time Standard:	Event Description	"Faster Than Qualifying Time"
1	N/A	N/A	Boys 13-14 200 Medley Relay	N/A
2	N/A	N/A	Boys 15-19 200 Medley Relay	N/A
3	1:11.59	1:03.99	Boys 13-14 100 Back	N/A
4	1:05.19	59.99	Boys 15-19 100 Back	N/A
5	2:34.49	2:18.09	Boys 13-14 200 IM	2:46.89
6	2:20.29	2:13.99	Boys 15-19 200 IM	2:36.09
7	1:20.39	1:11.59	Boys 13-14 100 Breast	N/A
8	1:14.99	1:09.99	Boys 15-19 100 Breast	N/A
9	1:01.49	55.09	Boys 13-14 100 Free	N/A
10	55.39	51.99	Boys 15-19 100 Free	N/A
11	2:40.59	2:30.99	Boys 13-14 200 Fly	2:55.89
12	2:25.59	2:15.99	Boys 15-19 200 Fly	2:40.99
13	6:03.19	5:24.99	Boys 13-14 500 Free	6:03.19
14	5:31.69	5:10.99	Boys 15-19 500 Free	5:31.69

*Swimmers may not have Gold in the 100 of the stroke (or 50 Free) they are swimming in the relay.

Session 2: 13/Over 1650 Freestyle

Warm-Up: TBD
 Meet Starts: TBD

EVENT #	Winter Silver Time Standard:	Winter Gold Time Standard:	Event Description	"Faster Than Qualifying Time"
15	19:50.29	19:00.19	Boys 13-14 1650 Free	19:50.29
16	19:00.99	18:49.99	Boys 15-19 1650 Free	19:00.99
17	20:21.69	19:30.69	Girls 13-14 1650 Free	20:21.69
18	20:08.99	19:29.99	Girls 15-19 1650 Free	20:08.99

Session 3: 13-14 and 15-19 Girls

Warm-Up: TBD
 Meet Starts: TBD

EVENT #	Winter Silver Time Standard:	Winter Gold Time Standard:	Event Description	"Faster Than Qualifying Time"
19	N/A	N/A	Girls 13-14 200 Medley Relay	N/A
20	N/A	N/A	Girls 15-19 200 Medley Relay	N/A

21	1:13.59	1:07.29	Girls 13-14 100 Back	N/A
22	1:10.19	1:04.99	Girls 15-19 100 Back	N/A
23	2:36.89	2:24.99	Girls 13-14 200 IM	2:47.49
24	2:30.29	2:21.99	Girls 15-19 200 IM	2:42.59
25	1:22.49	1:17.49	Girls 13-14 100 Breast	N/A
26	1:19.39	1:17.99	Girls 15-19 100 Breast	N/A
27	1:02.89	58.09	Girls 13-14 100 Free	N/A
28	1:01.09	56.99	Girls 15-19 100 Free	N/A
29	2:43.99	2:39.99	Girls 13-14 200 Fly	2:56.09
30	2:38.79	2:28.99	Girls 15-19 200 Fly	2:53.09
31	6:04.99	5:40.99	Girls 13-14 500 Free	6:04.99
32	5:52.19	5:29.99	Girls 15-19 500 Free	5:52.19

*Swimmers may not have Gold in the 100 of the stroke (or 50 Free) they are swimming in the relay.

Events – Sunday, March 3rd, 2019

Session 4: 13-14 and 15-19 Boys

Warm-Up: 9:00 AM

Meet Starts: 9:45 AM

EVENT #	Winter Silver Time Standard:	Winter Gold Time Standard:	Event Description	“Faster Than Qualifying Time”
33	N/A	N/A	Boys 13-14 200 Free Relay	N/A
34	N/A	N/A	Boys 15-19 200 Free Relay	N/A
35	5:34.29	5:00.09	Boys 13-14 400 IM	5:34.29
36	5:13.19	4:49.99	Boys 15-19 400 IM	5:13.19
37	27.99	25.59	Boys 13-14 50 Free	N/A
38	25.39	24.09	Boys 15-19 50 Free	N/A
39	1:10.99	1:03.09	Boys 13-14 100 Fly	N/A
40	1:05.59	59.99	Boys 15-19 100 Fly	N/A
41	2:55.89	2:37.89	Boys 13-14 200 Breast	3:11.89
42	2:42.59	2:32.99	Boys 15-19 200 Breast	3:01.89
43	2:35.69	2:18.19	Boys 13-14 200 Back	2:47.89
44	2:23.69	2:11.99	Boys 15-19 200 Back	2:38.09
45	2:14.89	2:01.79	Boys 13-14 200 Free	2:23.89
46	2:01.79	1:56.99	Boys 15-19 200 Free	2:12.99

*Swimmers may not have Gold in the 50 Free if they are swimming in the relay.

Session 5: 13-14 & 15-19 1000 Freestyle

Warm-Up: TBD

Meet Starts: TBD

EVENT #	Winter Silver Time Standard:	Winter Gold Time Standard:	Event Description	“Faster Than Qualifying Time”
47	11:59.49	11:25.99	Boys 13-14 1000 Free	11:59.49
48	11:29.19	11:11.99	Boys 15-19 1000 Free	11:29.19

49	12:22.29	11:50.99	Girls 13-14 1000 Free	12:22.29
50	12:11.09	11:45.99	Girls 15-19 1000 Free	12:11.09

Session 6: 13-14 and 15-19 Girls

Warm-Up: TBD

Meet Starts: TBD

EVENT #	Winter Silver Time Standard:	Winter Gold Time Standard:	Event Description	"Faster Than Qualifying Time"
51	N/A	N/A	Girls 13-14 200 Free Relay	N/A
52	N/A	N/A	Girls 15-19 200 Free Relay	N/A
53	5:39.69	5:10.99	Girls 13-14 400 IM	5:39.69
54	5:28.99	5:00.99	Girls 15-19 400 IM	5:28.99
55	28.99	26.99	Girls 13-14 50 Free	N/A
56	28.19	26.09	Girls 15-19 50 Free	N/A
57	1:13.79	1:07.09	Girls 13-14 100 Fly	N/A
58	1:09.89	1:05.99	Girls 15-19 100 Fly	N/A
59	2:59.89	2:46.59	Girls 13-14 200 Breast	3:12.09
60	2:52.69	2:45.99	Girls 15-19 200 Breast	3:09.89
61	2:39.39	2:24.69	Girls 13-14 200 Back	2:48.09
62	2:30.99	2:23.99	Girls 15-19 200 Back	2:44.09
63	2:16.79	2:08.99	Girls 13-14 200 Free	2:24.39
64	2:11.49	2:07.99	Girls 15-19 200 Free	2:20.19

*Swimmers may not have Gold in the 50 Free if they are swimming in the relay.

**Meet Schedule and Session Times
(TENTATIVE)**

The building opening time is 9:30 AM both days. (This timeframe will be adjusted as needed based on the finalized Meet timeline.)

Saturday, March 2 nd and Sunday, March 3 rd , 2019		Warm-Up	Start
Session 1	13-14 & 15-19 Boys	Approx. 9:00 AM	Approx. 9:45 AM
Session 2	13-14 & 15-19 1650	TBD	TBD
Session 3	13-14 & 15-19 Girls	TBD	TBD
Session 6	13-14 & 15-19 Boys	Approx. 9:00 AM	Approx. 9:45 AM
Session 7	13-14 & 15-19 1000	TBD	TBD
Session 8	13-14 & 15-19 Girls	TBD	TBD

FINALIZED MEET SCHEDULE with starting times for all sessions will be determined after entries are received and a time line created!

Scoring:	This Meet will not be scored.
Awards:	The top 8 athletes in each division (Silver and Bronze) will receive awards as follows: Places 1-3 will receive medals and places 4-8 will receive ribbons. Medals will be presented to the top 3 Relays. A swimmer seeded with a Bronze time will not receive an award if a Gold time is achieved.
Starts:	'Fly-over' or 'Over-the-top' starts will NOT be used.
Admissions and Programs:	Admission will be \$10.00 per session. Heat Sheets (and Results) will be available for free on both Meet Mobile and Live Results as technology

	allows.
Concessions:	Water shall be available for sale throughout the Meet. It is possible that food trucks or other vending options may be available throughout the Meet.
Hospitality:	A hospitality room will be maintained for coaches, officials and multi-session BAC volunteers. It will be located on the first floor in the room overlooking the pool and can be found on the right just before entering the pool deck area. (Coaches may be asked to provide credentials for admission to Hospitality.)
Vendor:	The on-site Speedo Shop may be open during competition hours. (The Speedo Shop is located just off of the main lobby.) Additionally, a custom apparel vendor is scheduled to be available during this same time.
Locker Rooms:	Parents are NOT permitted in the athlete locker rooms at any time.
Entry Information:	<p>The qualifying period for this Meet is January 1, 2018 through the entry deadline(s) for the Meet.</p> <p>All entries must be Hy-Tek program entries as an attached file to an e-mail and must be accompanied by a PDF of proof of time by athlete.</p> <p>A single swimmer entering unattached may send entries written out in the body of an email including proof of times.</p> <p>Waiver releases and fees must be received in the Control Room no later than the first session of the meet where the team competes.</p> <p>Team entries will be considered accepted when the host club accepts the entries (via e-mail confirmation).</p> <p>Email entry files to bacmeetentries@berkeleyaquaticclub.com and make “2019 13-14 & 15-19 Silver Bronze Champs” the subject line.</p> <p>The meet entry coordinator will respond to e-mail entries promptly as specified in the deadlines below or within 48 hours, whichever is less. If you do not receive an e-mail response within the stated time frames, assume that your email has not been received. It then becomes the e-mailer’s responsibility to make sure that the host club’s meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</p> <p>An Entry Summary with a signed NJ Swimming waiver and a check must follow each entry. They may be brought to the first session of the meet in which the team is competing but must be received by that time or the host team reserves the right to scratch teams which have not complied.</p> <p>Mail to:</p> <p>Berkeley Aquatic Club – 2019 13-14 and 15-19 Silver Bronze Champs 629 Central Avenue New Providence, NJ 07974</p> <p>Make checks payable to: “<i>Blue Streak Aquatic</i>”</p>
Entry Times:	<p>New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time.</p> <p>All entries must be in short course yards. Converted times are permitted. All entry times must meet the time standards for this meet as approved by NJ Swimming.</p>
Distance Events:	<p>All heats of the 1000 and 1650 Freestyles will be run as timed finals.</p> <p>Both the 1000 and 1650 Freestyle Events will be swum fastest to slowest.</p> <p>Swimmers are eligible to swim the 1000 and/or 1650 Freestyle if they have a Silver qualifying time in the 500 or 1000 or 1650. TO ‘prove’ these times, please submit a ‘Best Time’ report for these three events for each swimmer entered in this manner.</p> <p>Swimmers in the 500, 1000 and 1650 Freestyles must provide their own counter, and, if desired, one timer.</p> <p>If necessary, to save time, the heats of the Girls and Boys 1000 Freestyle and 1650 Freestyle events may</p>

	be combined and the genders may NOT necessarily be separated by a lane.
Heat Limited Events:	There are no Heat Limited events
Relays:	<p>Relay cards will be provided to each team.</p> <p>The Relay Cards with correct names are due 40 minutes prior to the start of the session. (This timeframe may be adjusted in accordance with any changes in the overall Meet Schedule.) The host club is responsible for verifying the correct names behind the blocks before the first swimmer steps on the block for that race. NO CHANGES will be made after that time.</p> <p>Please note that in accordance with NJS Championship swimming policy, swimmers are not allowed to swim in a higher age group for relays; they must swim on a relay of the appropriate age group.</p> <p>Relays may contain swimmers who are not swimming individual events. However, those swimmers must be current USA registered swimmers and must be entered in the Team Manager file with the rest of the swimmers, just swimming no events.</p> <p>Exhibition Relays are not allowed.</p> <p>For the 200 Medley Relays, Back, Breast and Fly swimmers may not have a previous Gold time in the 50 yard distance of the stroke they are to swim on the relay. The freestyler cannot have a Gold time in the 50 Free. (None of the swimmers on the Freestyle Relay may have a gold in the 50 Freestyle.)</p>
Swimmer Eligibility:	<p>No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.</p> <p>All swimmers must be included in a team's official meet roster in the meet database to be eligible to participate in this swim meet in any event including relays.</p> <p>Unattached Swimmers: All transfer swimmer(s) must swim unattached for 120 consecutive days from their last attached open competition. Swimmers must use a New Team Alpha Code UN or U as their team affiliation. All unattached swimmers must be listed on the team's official waiver/verification form.</p> <p>Age Groups Offered: 13/14; 15-19</p> <p>Time Standards that will be used: All times must be slower than the NJ Swimming Winter "Gold" standard.</p> <p>Times may be converted from Long Course times using the Hy-Tek Team Manager conversion protocol: In team manager, got to set-up, then conversions. Make sure that:</p> <p>The Yard to SC Meters is set to 1.11</p> <p>Freestyle Turns = 0.8 Backstroke Turns = 0.6 Breaststroke Turns = 1 Butterfly Turns = 0.7 Individual Medley Turns = 0.8</p> <p>Freestyle: (500 y to 400 m; 1000 y to 800 m; 1650 y to 1500 m) = 1.006</p> <p>DO NOT SET THE STRAIGHT CONVERSION FACTOR TO ANY PERCENT FACTOR!</p>
Proof of Times Reporting:	Proof of Times is required for all entries. It must be provided for the entries being submitted at that time. The Proof of Time for custom times must be clear with the appropriate swimmer and time circled, highlighted or otherwise indicated. Please do not submit multiple page results for the Entry Coordinator to sift through.
Host Club Responsibilities:	<p>The host club will provide 50% of the volunteers throughout the course of the Meet.</p> <p>The host club will have stopwatches available for volunteers helping to time.</p> <p>The host club will e-mail all club entries back to the participating clubs.</p> <p>The host club will create a Warm-Up Schedule that will be fair and equitable to all teams. This Warm-Up Schedule will be e-mailed to all participating clubs and posted on the team website no later than 72 hours prior to the start of the Meet.</p> <p>The host club will create Timing Assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the team website no later than 72 hours prior to the start of the Meet.</p>

<p>Participating Club Responsibilities:</p>	<p>Participating clubs must help with timing assignments. Visiting team timers must be capable of operating a stopwatch and either a button or be able to record times on a clipboard.</p> <p>Participating clubs are encouraged to provide as many officials as possible.</p> <p>Swimmers in the 500, 1000 and 1650 Freestyles must provide one timer and a counter, if they desire.</p> <p>Participating club parents/guests must stay in areas designated for spectators ONLY. This applies to both the pool deck area as well as the facility at large. Exceptions to this are those spectators/guests who are timing or working as officials who will be permitted on the pool deck.</p> <p>All athletes, coaches, volunteers and spectators are expected to follow all posted facility guidelines as well as any instructions as communicated by Facility or Meet Management throughout the full duration of the Meet. Failure to comply with posted/communicated guidelines could result in removal from the facility for either the remainder of the Session or the remainder of the Meet.</p> <p>Seating for swimmers, coaches and spectators in open and available on a first-come, first-served basis. The saving of seats by spectators, swimmer, or teams is STRICTLY prohibited. Event staff and facility personnel reserve the right to manage seating in accordance with these guidelines.</p> <p>No pets (other than active service dogs) are permitted on the deck, in the stands or in any other part of the facility.</p>
<p>Officials:</p>	<p>Swimming officials from participating teams should contact the Lead Meet Referee, Zhongxu Lu at officials@berkeleyaquaticclub.com , with the Sessions when they are able to help.</p> <p>Current USA Swimming and NJ Swimming Certification is required for all officials. The Meet Referee will check cards.</p> <p>All Officials must wear the standard white (shirt) and blue (pants/skirt) uniform.</p> <p>Officials may be asked to provide current credentials when entering Hospitality.</p> <p>Officials will be required to work the entire session and will received free admission. (Officials not working a given Session will be required to pay admission for that Session.)</p>
<p>Coaches Eligibility:</p>	<p>All coaches ‘on the deck’ must be registered with USA Swimming and be current coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card of Coaches Pass available through the USA Swimming Deck Pass App.</p> <p>Coaches must show their USA Swimming Coaching Card or Coaches Pass for entrance to the facility.</p> <p>All Coaches must have some form of USA Coaching Credential verification with them at all times.</p>
<p>Meet Format Waiver:</p>	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:</p> <ul style="list-style-type: none"> - To allow more swimmers the opportunity to swim. - To conform to facility capacity limits or for facility safety concerns. - To condense the meet into smaller time frame. <p>Some of the changes that can be made: 1) add a session, 2) heat limit distance events and, 3) condense sessions.</p>
<p>Warm-Up Procedures:</p>	<p>The sanctioning, and/or age group, and/or senior chairman must approve all new warm-up schedules.</p> <p>Warm-Ups will be run under New Jersey Swimming Warm-up and Safety Guidelines:</p> <p>https://www.teamunify.com/subtabgeneric.jsp?team=eznjslsc&_stabilid_=69121</p>

	<p>Warm-Up Schedule: There will be one 40 minute warm-up before each session. Each session will begin 5 minutes after the conclusion of the corresponding warm-up. For the first 30 minutes, teams will be assigned lanes for general warm-ups. After 30 minutes, Lane 1 will become a Pace lane and lanes 8, 9 and 10 will become Sprint lanes. At the discretion of the Meet Referee, additional lanes may also become Pace and/or Sprint lanes. The remaining lanes will be general warm up available to all teams without Sprints or Pace. All general warm-up lanes will swim in a counterclockwise direction. All swimmers are entitled to a fair and comparable warm-up. All teams MUST get the same opportunities for general warm-up lanes, sprint lanes and pace lanes.</p> <p>Entry/Exit Into and Out of the Pool: All swimmers must enter the pool from the starting end of the pool. All swimmers must enter feet first. Swimmers must exit the pool at the start/turn ends, not on the side of the pool.</p> <p>New Jersey Swimming Officials and Uniformed and designated Meet Safety Marshals will monitor Warm-Ups.</p> <p>PLEASE NOTE: Swimmers are prohibited from using any ‘gear’, ‘equipment’ or swimming aids during any warm-up or warm-down without formal approval from the Meet Referee in either the competition pool or the warm-up/warm-down pools.</p>
Check-In:	<p>The entire Meet will be deck seeded.</p> <p>All check-in sheets are to be turned into the control room 40 minutes before the start of each session. Swimmers that are swimming are to have a line through their name. (This timeframe may be adjusted in accordance with any changes in the overall Meet Schedule.)</p> <p>Swimmers that are swimming are to have a line through their name.</p> <p>Swimmers that are being scratched are to have their names circled with a “SCR” next to the circle.</p> <p>Swimmers scratching a single event are to have a line through his/her name and the event number circled with “SCR” next to the circle.</p> <p>Failure to follow these procedures may result in the swimmer(s) being scratched from the session.</p>
No Show Procedure:	<p>No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted towards the swimmer’s maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.</p>
Internet Website Posting and Results:	<p>The meet announcement, Hy-Tek Event List (.HYV file), and final meet results will be posted on New Jersey Swimming website www.njswim.org.</p> <p>The following will be posted on the Berkeley Aquatic Club Website www.berkeleyaquaticclub.com</p> <p>Before the meet, we will post:</p> <ul style="list-style-type: none"> Meet Announcement Downloadable Hy-Tek Events List (.HYV file) Psych Sheets Updated Meet Schedule Warm-Up Schedule and Team Warm-Up Assignments Team Timing Assignments <p>During the meet, the following will be available:</p> <p>Interim results will be available on Meet Mobile and Live Results with running Results and posted on Deck as available after approved and as technology permits.</p> <p>After the meet, we will post (www.berkeleyaquaticclub.com):</p>

	<p>Downloadable Results (.CL2 file), and Printable Results (.PDF file)</p> <p>Results will also be available on the New Jersey Swimming Website (www.njswim.org) soon after the conclusion of the Meet.</p>
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. In addition, volunteers and spectators cannot use any of the above on deck. There shall be NO flash photography at the start of any race.
USA-S Deck Change Policy Statement:	Deck Changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Tech Suit/Swimwear Policy:	Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or Approved competition.
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Adaptive Provisions:	USA Swimming Rules and Regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ Swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the Meet).
State Championship Restriction:	Swimmers may not compete in a given event at both a Silver/Bronze Championship meet and the SC JO meet, unless they achieved the SC JO qualifying time in that event at the Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the Silver/Bronze meet and JO's.
Directions:	<p>Address: 629 Central Avenue New Providence, NJ 07974</p> <p>Directions:</p> <p>From 78 East Take Exit 44 toward New Providence/County Highway 527. At the end of the exit ramp turn left onto County Road 527/Glenside Avenue. After ½ mile, turn Left onto Glenside Road. Glenside Road will become South Street/County Highway 647. Turn Left onto Central Avenue. Berkeley Aquatic will be 0.3 miles after this turn on the right-hand side of the road.</p> <p>From 78 West Take Exit 43 and merge onto Diamond Hill Road/County Highway 655. In a little less than a mile, turn right onto Mountain Avenue/County Highway 622. Again, in a little less than a mile, turn left onto South Street/County Highway 647. In 0.8 miles, turn left onto Central Avenue. Berkeley Aquatic will be 0.3 miles after this turn on the right-hand side of the road.</p> <p>From Interstate 287 Take Exit 21 A (Route 78 East/New York City). Follow 'From 78 West' directions above.</p>
Hotel Information:	Best Western PLUS Murray Hill Hotel and Suites

535 Central Avenue New Providence, NJ 07974 (908) 665-9200 <i>(Reference 'Berkeley Aquatic Club' for Negotiated Rate.)</i>



**NEW JERSEY
SWIMMING**

2019 13-14 & 15-19 Silver Bronze Champs Region C

Saturday, March 2nd and Sunday, March 3rd, 2019

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Berkeley Aquatic Club, Blue Streak Aquatic and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form for the 2019 NJS Short Course 13-14 and 15-19 Silver Bronze Champs on March 2nd and March 3rd, 2019 are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed. Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ **E-Mail Address** _____

Name(s) of Coach(es) _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary:	_____	Individual Event Entries @ \$6.00 =	\$_____
	_____	Relay Event Entries @ \$9.00 =	\$_____
	_____	Distance Event Entries @ \$12.00 =	\$_____
	_____	Total:	\$_____

MAKE CHECKS PAYABLE TO: Blue Streak Aquatic