

**JW THANKSGIVING MEET
NOVEMBER 16-17, 2019 AT GCIT**

MEET HOST	JERSEY WAHOOS		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 20135 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	Chris Waggoner	E-MAIL: JWMEETS@JERSEYWAHOOSWIM.NET	PHONE: 856-234-5898
LOCATION	Pool name GCIT Street address TANYARD ROAD City, state and zip SEWELL, NJ Day of meet ONLY emergency phone 856-468-1445 EXT 2657		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 2 X 8 lanes for competition, a COLORADO 6000 timing system with a 2 X 8 line scoreboard and COMPETITOR lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 450 and spectator seating for 450. Parking 500 Hospitality YES Snack bar YES		
POOL CERTIFICATION	The competition course <input checked="" type="checkbox"/> has <input type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is POOL A 10' / POOL B 5' feet and at the turn end is POOL A 10' / POOL B 5' feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	SEPTEMBER 23, 2019		
ENTRY DEADLINE	OCTOBER 31, 2019 at 11:59 PM		
ENTRY FEES	Individual Events: \$5.00	Relay Events: \$10.00	
ENTRY LIMITS	4 Individual Events per day (excluding relays).	0 Relays per day	MEET ENTRY LIMIT: 8
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to ALL USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet. Unregistered swimmers may register on deck at this meet by tuning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee. This applies to all swimmers attached to a club.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded LAST. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted. Entries must be submitted electronically in a format compatible with HY-TEK meet management software. All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by 11/15/19 Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	BRUCE BROCKSCHMIDT	PHONE #: 856-234-5898 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	SeaJay57!		
MAIL CHECKS/ REPORTS	JW THANKSGIVING MEET JERSEY WAHOOS 4101 CHURCH RD MOUNT LAUREL, NJ 08054		
CHECKS PAYABLE TO	JERSEY WAHOOS		
SAFETY DIRECTOR	Gwen Waggoner	E-MAIL: JWMEETS@JERSEYWAHOOSWIM.NET	PHONE: 856-234-5898
OFFICIALS CONTACT	Jim Davis	E-MAIL: james.davisiv4@gmail.com	PHONE: 609-560-3907

**Session SATURDAY MORNING (SENIOR) - WARM UP 8:00am / MEET 9:00am
SESSION 1 – SR GIRLS & SR BOYS Pool A**

GIRLS	EVENT	BOYS
1	SENIOR 200 BACK	2
3	SENIOR 100 FREE	4
5	SENIOR 200 FLY	6
7	SENIOR 100 BREAST	8
9	SENIOR 200 FREE	10
11	SENIOR 400 IM	12

**Session 2-2A – GIRLS 1650 FREE
SATURDAY 10 MINUTES AFTER MORNING SESSION**

GIRLS	EVENT	BOYS
25	Open 1650 FREE	
	SWUM FAST TO SLOW	
	ODD HEATS IN POOL A / EVEN HEATS IN POOL B	
	QUALIFYING TIMES: (13-14 "A")	
	YARDS – 20:02.99	
	LC METERS – 20:39.79	
	SC METERS – 19:55.99	
	HEATS WILL BE LIMITED – AND ONLY RUN IF TIME PERMITS	

**Session SATURDAY AFTERNOON (11-14 YEAR OLDS) - WARM-UP 1:30 PM START 2:30 PM
SESSION 3 – 13-14 GIRLS / 11-12 BOYS POOL A | SESSION 4 – 13-14 BOYS / 11-12 GIRLS POOL B**

GIRLS	EVENT	BOYS
101	11-12 100 IM	102
103	13-14 200 BACK	104
105	11-12 200 BACK	106
107	13-14 100 FREE	108
109	11-12 100 FREE	110
111	13-14 200 FLY	112
113	11-12 200 FLY	114
115	11-12 50 BACK	116
117	13-14 100 BREAST	118
119	11-12 100 BREAST	120
121	13-14 200 FREE	122
123	11-12 200 FREE	124
125	13-14 400 IM	126
127	11-12 400 IM	128

**Session SUNDAY MORNING (9-10 & SENIOR) - WARM UP 8:00am / MEET 9:00am
SESSION 5 – SR BOYS & SR GIRLS POOL A**

GIRLS	EVENT	BOYS
13	SENIOR 100 BACK	14
15	SENIOR 100 FLY	16
17	SENIOR 200 im	18
19	SENIOR 50 FREE	20

21	SENIOR 200 BREAST	22
23	SENIOR 500 FREE	24

**Session 6 & 6A – BOYS 1650 FREE
SUNDAY 10 MINUTES AFTER MORNING SESSION**

GIRLS	EVENT	BOYS
	Open 1650 FREE	26
	SWUM FAST TO SLOW	
	ODD HEATS IN POOL A / EVEN HEATS IN POOL B	
	QUALIFYING TIMES: (13-14 "A")	
	YARDS – 19:07.59	
	LC METERS – 19:48.39	
	SC METERS – 19:00.89	
	HEATS WILL BE LIMITED – AND ONLY RUN IF TIME PERMITS	

**Session SUNDAY AFTERNOON (11-14 YEAR OLDS) - WARM-UP 1:30 PM START 2:30 PM
SESSION 7 – POOL A 13-14 BOYS / 11-12 GIRLS | SESSION 8 – 13-14 GIRLS / 11-12 BOYS POOL B**

GIRLS	EVENT	BOYS
129	11-12 100 BACK	130
131	13-14 100 BACK	132
133	11-12 100 FLY	134
135	13-14 100 FLY	136
137	11-12 200 IM	138
139	13-14 200 IM	140
141	11-12 50 FREE	142
143	13-14 50 FREE	144
145	11-12 50 FLY	146
147	11-12 50 BREAST	148
149	13-14 200 BREAST	150
151	11-12 200 BREAST	152
153	13-14 500 FREE	154
155	11-12 500 FREE	156

DECK ENTRIES	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, prior to the start of each session, at the cost of \$10.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet DIRECTOR before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be DECK -seeded with the exception of the event(s) noted below.
AWARDS	<u>WAHOOS WILL NOT MAIL AWARDS IF YOUR TEAM FAILS TO PICK THEM UP</u> 12/under's entered with USA "A" - Medals 1-3, Ribbons 4-6 12/under swimmers entered with USA "BB" - Rosettes 1st, Ribbons 2-6 12/under swimmers entered with USA "C" - Ribbons 1st through 6th
SCORING	NONE
PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is \$8.00. Children under 4 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	Il events will be seeded after teams declare scratches,

	<p>Each Team will have a roster with all events listed for each session except 400IM & 500 free. All sheets must be turned into the computer operator 30 minutes after the start of warm up. Swimmers that are present and swimming will have lines through their names. Swimmers that are being scratched will have their names circled with "SCR" next to the circle. Swimmers scratching a single event will have a line through their names and the event number circled with "SCR" next to the circle. Please use a simple line. 400IM/500 free will have a separate check-in from 8:30-9:30. (No penalty if you don't swim after checking in)</p> <p>Pool A is the Deep End / Pool B is the Shallow End</p> <p>SWIMMERS MUST PROVIDE TIMERS FOR THE 1650 FREE 1650 will be swum fastest to slowest in both pools, odd heats in pool A, even heats in pool B Heats may be limited and counts towards the 4 events per day limit</p> <p>There will be a separate check-in for 1650. If you check-in and don't swim, you will be barred from your next event. Check in will close 2 hours after the start of the meet. Swimmers who fail to swim after checking in will be scratched from their next individual event.</p> <p>PROGRAM WILL ONLY BE ON MEET MOBILE – FREE OF CHARGE</p>
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SESSION	WARM-UP TIMES	MEET STARTS
Sat & Sun Morning Senior	8:00AM – 8:55AM	9:00AM
Sat & Sun Afternoon 11-12 & 13-14	1:30PM – 2:25PM	2:30PM
1650 Free (Girls Sat / Boys Sun)	10 MINUTE WARM UP AFTER MORNING SESSION	15 MINUTES AFTER MORNING SESSION ENDS
WARM-UP INFORMATION	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>	

ATHLETE PROTECTION (MAAPP)	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.
DECK PRIVILEGES	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual's membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>
TECH SUIT POLICY	Beginning January 1, 2018, swimmers ten (10) years of age and younger may not compete in a 'Tech suit' at any Middle Atlantic sanctioned meet, including Mini-meets and Developmental meets. This restriction also applies to any swimmer age ten (10) years or younger that is competing in a 'Senior' designated event or other event for which there is no age restriction.
RACING START CERTIFICATION	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy

	of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.												
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure												
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.												
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.												
RULES:	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p>No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>												
DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.												
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator												
PHOTOGRAPHY	<p>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>												
DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.												
DECK CHANGING	Deck changes are prohibited.												
DIRECTIONS	<p>From the south: take route 55 north to route 47. Take exit 56b/westville. Turn left at the traffic light onto Bankbridge road. Turn left at the next traffic light onto Tanyard road. The entrance to GCIT is on the left at the bottom of the hill.</p> <p>From the north and the Walt Whitman bridge: take I-295 south to route 42 south and remain in right lane. Take route 55 south to exit 56B (route 47 north/Woodbury). Turn left onto Bankbridge road at the traffic light. Turn left at the next traffic light onto Tanyard road. GCIT is on the left at the bottom of the hill.</p> <p>From the Delaware Memorial & Commodore Barry bridge: take I-295 north to exit 21 onto Delaware St. and continue through Woodbury. Turn right at traffic light onto Evergreen Ave. Turn left at next traffic light onto Egg Harbor road. Continue 3-miles to the next traffic light. GCIT is at the bottom of the hill on left.</p>												
ACCOMODATIONS	<table border="1"> <tr> <td>STAYBRIDGE SUITES</td> <td>4115</td> <td>FAIRFIELD INN</td> <td>COMFORT INN</td> </tr> <tr> <td>CHURCH RD.</td> <td></td> <td>350 CENTURY BLVD</td> <td>RUNNEMEDE, NJ</td> </tr> <tr> <td>MT LAUREL NJ 08054</td> <td>856-722-</td> <td>MT. LAUREL, NJ</td> <td>856-939-6700</td> </tr> </table>	STAYBRIDGE SUITES	4115	FAIRFIELD INN	COMFORT INN	CHURCH RD.		350 CENTURY BLVD	RUNNEMEDE, NJ	MT LAUREL NJ 08054	856-722-	MT. LAUREL, NJ	856-939-6700
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	1900 DAYS INN BROOKLAWN, NJ 856-456-6688	856-642-0600 HOJO INN BLACKWOOD, NJ 856-228-4040	QUALITY INN W. DEPTFORD, NJ 856-848-4111
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