

SHY Long Course Invitational Meet

Sunday June 16, 2019 at Pleasant Valley Pool

Participating Teams

GMY	Greater Morristown YMCA
MEY	Metuchen Edison YMCA
NJBL	Wayne YMCA Bluestreaks
RANY	Randolph YMCA
RVYM	Raritan Valley YMCA Riptide
SAY	Summit Area YMCA
SCY	Sussex County TMCA
SHY	Somerset Hills YMCA
WFY	Wyckoff YMCA Sharks

Schedule

Warm Up	6:00 AM
Meet Start	7:05 AM

Timing Assignments

		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
At Start end of pool	Timer 1	SHY	SHY	SHY	SHY	SHY	SHY
	Timer 2	RANY	RANY	RANY	NJBL	NJBL	RVYM
At Turn end of pool	Timer 3	SHY	SHY	SHY	SHY	SHY	SHY
	Timer 4	SCY	WFY	MEY	MEY	SAY	SAY

Backup Timers: SHY

Notes to Lane Timing Assignments:

1. Each timing assignment is up to the 400 IM (event 10).
2. Teams may substitute individuals in the timing position
3. Swimmers must supply timers for the 400 IM and 400 Free

Warm Up Schedule

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
6:00 to 6:20 AM	SHY	SHY	SHY	SHY	SHY	SHY
6:20 to 6:40 AM	RANY	RANY	RANY	NJBL	NJBL	RVYM
6:40 to 7:00 AM	WFY	MEY	MEY/GMY	SCY	SAY	SAY