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MAKE A SPLASH

SOMERSET HILLS YMCA SWIM TEAM OPEN TRYOUTS

Join our team! Somerset Hills YMCA's Swim Team is looking for new members. Tryouts are required for all new swimmers and former team members that did not participate in our spring or summer Swim Team programs. Swimmers must demonstrate appropriate practice readiness skills, stroke technique, speed and endurance for team consideration. A numbered swim cap will be provided. Goggles are strongly recommended. Swimmers who are successful will join the team in September 2019.

WHEN: Saturday, September 7, 2019

WHERE: Somerset Hills YMCA, 140 Mt. Airy Road, Basking Ridge

WHO: Swimmers, ages 7-18, interested in joining the team

COST: \$25 for all ages

Pre-registration is required. Registration will open August 19, 2019

To register visit www.somersetcountyyymca.org.

CLINIC AND TRYOUT SCHEDULE

AGE	SATURDAY, SEPTEMBER 7
7 - 8 years old	Check-in 3:30-3:45pm Tryout start time is 3:45pm Swimmers will be timed for one lap (25 yards) in the competitive strokes of freestyle, backstroke and breaststroke.
9 - 10 years old	Check-in 3:30-3:45pm Tryout start time is 3:45pm Swimmers will be timed for two laps (50 yards) in the competitive strokes of freestyle, backstroke, breaststroke and butterfly.
11 - 12 years old	Check-in 4:45-5:00pm Tryout start time is 5:00pm Swimmers will be timed for two laps (50 yards) in the competitive strokes of freestyle, backstroke, breaststroke and butterfly.
13 years and older	Check-in 4:45-5:00pm Tryout start time is 5:00pm Swimmers will be timed for four laps (100 yards) in the competitive strokes of freestyle, backstroke, breaststroke and butterfly.

Please Note: Swimmers must be at least 7 years old as of December 1, 2019. Notification of results by Sunday, September 8.

For more information about swim team, please contact Lori Riegler, Director of Competitive Aquatics and Head Coach, at lrriegler@somersetcountyyymca.org or 908 766 7898 x531.

SOMERSET HILLS YMCA

A branch of Somerset County & Plainfield YMCA

140 Mount Airy Road, Basking Ridge, NJ 07920 | 665 Martinsville Road, Basking Ridge, NJ 07920
908 630 3535

The Y is the nation's leading nonprofit committed to strengthening the community through youth development, healthy living and social responsibility. At Somerset County and Plainfield YMCA, we believe everyone, regardless of age, income or background, should have the opportunity to learn, grow and thrive. For information about Somerset County and Plainfield YMCA and financial assistance, visit us at somersetcountyyymca.org.

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