



YMCA East Field Championships
 Hosted by Somerset Hills YMCA and Hamilton YMCA Swim Teams

<u>Meet Sanction:</u>	YMCA Sanction applied for
<u>Date of Meet:</u>	Saturday, December 15 and Sunday, December 16, 2012
<u>Location and Facility:</u>	John Witherspoon Middle School 217 Walnut Lane, Princeton, New Jersey 08540 Tel: 609-806-4310 The pool is located on the Princeton Middle School campus, and the pool entrance and parking lot are on Guyot Lane. The John Witherspoon Pool has an 8-lane competitive pool with Colorado timing system and spectator seating. The depth of the pool at the start end is 8 feet and at the turn end is 4 feet. The competition course has not been certified in accordance with USA Swimming rule 104.2.2.C.(4).
<u>Meet Director:</u>	Martin Scheidl, mscheidl@gmail.com , 973-348-9690
<u>Meet Referee:</u>	Peter Madley pmadley@gmail.com
<u>Meet Marshal:</u>	Peter Barry pbarry@somersetillsymca.org
<u>Entry Coordinator:</u>	Mary Bigini, mgbigini@hotmail.com , 201-310-8267 Best time to call is after 6PM
<u>Entry Deadline:</u>	All entries will be accepted on a first come basis. Entry Deadline Date: Sunday, December 9, 2012 All entries must be either Meet Manager or Team Manager entries. Email entries are preferred, send to mgbigini@hotmail.com . See procedures in Entries section below. For postal mail, send to: Mary Bigini, 137 South Maple Ave Basking Ridge NJ 07920 <ul style="list-style-type: none"> • Team entries will not be considered as accepted unless the waiver and entry fees have been received. • If you are not e-mailing your entries, then overnight or express mail is recommended, <i>but waive the signature.</i> It is not necessary to overnight or express mail your hard copy and check which are sent in support of an e-mailed entry.
<u>Meet Format Waiver:</u>	The host club has the right to change the format of the meet with the approval of the Meet Committee. The Committee consists of the Meet Director, the Meet Referee, and the host club head coach. These format changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes could include: <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits. • To conform with Sanction Guidelines. • No competition before 7:30a.m. or after 9:00 p.m. • Warm-up with no more than 17 swimmers/lane • The distance sessions of 400 IM and 500 Free will be heat limited depending on the number of entries in all sessions and estimated meet timelines.
<u>Internet Website Posting:</u>	Website address: http://www.shyswimteam.org/ Pre-Meet Information posted on website <ul style="list-style-type: none"> • Meet Information will be posted on the website • Downloadable Hy-Tek Events list (HYV.file) will be posted on the website • Updated meet schedule • Warm-up Schedule and Team Warm-up Assignments • Timing assignments Post-Meet Results will be posted on website

<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> All coaches must be certified YMCA Coaches Coaches must show coaching card for entrance to facility. Coaches must have coaching card visible at all times while on deck. Coaches must have a visible coach's card when entering hospitality area..
<u>Swimmer Eligibility:</u>	<p>YMCA of the USA Rules For Eligibility shall apply</p> <ul style="list-style-type: none"> The swimmer must have been a member of his/her YMCA in good standing for at least 90 days prior to the date of the Meet and entitled to full privilege membership activities. The swimmer must be an amateur and must not have represented another YMCA or another swimming organization in open or closed competition 90 days prior to December 15, 2012. <p>Entry Limits:</p> <ul style="list-style-type: none"> Swimmers will be restricted to entering three (3) individual events per day, with a maximum of six (6) events for the Meet. There are no restrictions on the number of entries per team. <p>Age at Meet:</p> <ul style="list-style-type: none"> Age for this meet is calculated as of : December 1st 2012 The Meet offers events for swimmers 9 years of age and older
<u>Meet Format:</u>	<ul style="list-style-type: none"> This meet will be run in accordance to current USA Swimming Rules. This meet will be run as a timed final meet for the 9/10 and 11/12 age groups and as a preliminary and finals meet for the 13 and over age group. There will be two final heats for the top 16 finishers in the 13/over preliminaries. These final heats will be swum in the evening session with the B final swum before the A final. The 13 and over 400 IM and 500 Free events will be run as timed final events. Positive check-in is required for all individual entries with coaches checking-in or scratching their athletes. Final seeded meet programs will be distributed to the head coach of each team prior to the start of the individual races.
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> The building will open at 8:15AM This meet will have four sessions per day

Session Schedule	Warm Up	Session Start
Saturday 13/over Preliminaries	8:15 AM	9:30 AM
Saturday 13/over Distance – 400 IM	No earlier than 11:30 AM	No earlier than 11:50 AM
Saturday 9-12 Finals	1:00 PM	2:15 PM
Saturday 13/over Finals	5:30 PM	6:30 PM
Sunday 13/over Preliminaries	8:15 AM	9:30 AM
Sunday 13/over Distance – 500 Free	No earlier than 11:30 AM	No earlier than 11:50 AM
Sunday 9-12 Finals	1:00 PM	2:15 PM
Sunday 13/over Finals	5:30 PM	6:30 PM

<u>Warm-up Procedures:</u>	<ul style="list-style-type: none"> Warm-ups will be run under provisions of the New Jersey Swimming Warm-up and Safety Guidelines as outlined below. All swimmers are entitled to a fair and comparable warm-up. All teams will be afforded the same opportunities for warm-ups. No warmup lanes shall contain more than 17 swimmers/lane <p>Entry into Pool:</p> <ul style="list-style-type: none"> All swimmers must enter the pool from the starting end of the pool, right side of the lane, feet-first entry. <p>Host Team Monitoring Warm-ups.</p> <ul style="list-style-type: none"> Uniformed and designated meet marshals will monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction. <p>Warm-up Schedules.</p> <ul style="list-style-type: none"> The warm-up sessions will be two 30 minute warm-ups divided by teams. There will be designated sprint lanes during the last 10 minutes. The warmup sessions prior to the distance sessions will be 20 minutes, not divided by teams. Warm-up assignments will be e-mailed and posted at: www.shyswimteam.org
<u>Entry Times:</u>	<ul style="list-style-type: none"> Qualifying times for this meet are listed in the order of events.

	<ul style="list-style-type: none"> All entry times must be in short course yards. “No Time” or NT entries are not permitted.
<u>Check-In:</u>	<ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 45 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with “SCR” next to the circle. Failure to follow this procedure will result in the swimmer(s) being scratched from the session. The first 16 finishers in preliminaries will have the opportunity to accept or scratch from the finals of their event within 30 minutes after the qualifiers have been announced. If a swimmer informs the Referee that they do not intend to compete in finals, up to two alternate swimmers will be given the opportunity to compete in finals. Swimmers failing to compete in finals after providing intent to compete will be scratched from the meet.
<u>Starts:</u>	Overhead starts will be used.
<u>Scoring:</u>	This meet will not be scored.
<u>Awards:</u>	There will be no awards
<u>Entry Fees:</u>	<ul style="list-style-type: none"> Individual Entry Fee for timed final events (12/under and distance): \$4.00 Individual Entry Fee for prelim/final events: \$5.00 Facility Fee: \$10.00 per athlete Make checks payable to: SHY S.T.P.O. Host club has the right to scratch teams/swimmers for lack of payment of entry fees.
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> Admission to day sessions will be \$5.00. Those attending morning and afternoon sessions only need to pay admission once. Children 8 and under are free. Cost of Program for day sessions will be \$5.00. Admission to Finals sessions will be \$5.00 and includes a program.
<u>Entries:</u>	<ul style="list-style-type: none"> Team entries should be submitted by E-mail to mgbigini@hotmail.com All entries must be Hy-Tek program entries as an attached file to an e-mail. The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer’s responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries. (see Entry Coordinator Section above for contact information) An Entry Summary with a signed YMCA Swimming waiver and a check must accompany or follow each mailed entry. Accuracy of seed times is essential. Incomplete entries will not be accepted. Deck entries will not be accepted. No phone or faxed entries will be accepted.
<u>Results:</u>	<ul style="list-style-type: none"> Results will be available on the host club website. Participating teams will have results emailed to them.
<u>Host Club Responsibilities:</u>	<ul style="list-style-type: none"> The host club will provide a single timer in each lane throughout the meet. The host club will have stopwatches available for volunteers helping to time. The host club will e-mail all club entry confirmations back to the participating clubs. The host club will create a warm-up schedule that will be fair and equitable to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: http://www.shyswimteam.org no later than 4 days before the meet. The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: http://www.shyswimteam.org no later than 4 days before the meet. Water shall be made available to all coaches, Officials and Volunteers throughout the competition Food will be made available to all coaches, Officials and Volunteers unable to leave the premises during the competition.
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: http://www.shyswimteam.org 4 days prior to the meet. Teams may opt to switch timers throughout each session, but may not opt to vacate their

	<p>timing assignment prior to the completion of the session.</p> <ul style="list-style-type: none"> Participating club parents must stay off the pool deck except for those in timing assignments.
<u>Officials:</u>	<ul style="list-style-type: none"> Swimming Officials will be selected from participating teams. Each participating team is required to submit the name of at least one currently certified official per session to the Meet Referee, Peter Madley pmadley@gmail.com Only those officials who are able to work the entire session should be submitted. Please state if the officials is YMCA Level 1 or 2. Those Officials selected will be contacted directly prior to the Championship. Current YMCA certification is required for all officials and the Meet Referee may check cards. The standard white and blue uniform must be worn by all officials. Officials will be required to work the entire session and will receive free admission.
<u>Concessions:</u>	Concessions will be available throughout the meet.
<u>Vendor:</u>	Swimming equipment and clothing will be available for sale during the meet.
<u>Spectator Areas:</u>	<p>The spectator area is beside the pool, and spectators are encouraged to visit the area only during races in which their swimmers are participating. Coolers, folding chairs, and strollers are not permitted in the spectator area and pool area. Spectators and swimmers will not be allowed to save seats in the spectator area.</p> <p>When not in the spectator area by the pool, the space in the gym should be used as the staging area for swimmers and associated spectators.</p>
<u>Meet Cancellation:</u>	<p>In case of inclement weather, the Meet Committee has the right to cancel the meet. The Committee's decision is final.</p> <p>Information about whether the meet has been canceled will be available by 8PM on Friday, December 14, 2012 at the host team website, www.shyswimteam.org. All coaches of participating teams will also be notified via email.</p>
<u>Directions:</u>	<p>From Route 1 south: Taking Rt. 1 towards Princeton to Alexander Rd exit. Turn left and follow Alexander Rd. to the third traffic light and turn Right onto Faulty Rd. Take Faculty Rd. to the second light and turn left onto Harrison Street. Continue on Harrison past Nassau street. Once you cross Nassau turn left at the second light onto Franklin Ave. Take the next right onto Ewing Str. Proceed down Ewing Str. to Guyot Ave., and turn right. Park in the first parking lot on your right. The parking lot is directly across from the pool. Follow the side walk to the right of the pool and enter the main set of doors.</p> <p>From Route 1 north: Taking Harrison street up into Princeton. You will be on the north side of town. Continue on Harrison past Nassau street. Once you cross Nassau turn left at the second light onto Franklin Ave. Take the next right onto Ewing Str. Proceed down Ewing Str. to Guyot Ave., and turn right. Park in the first parking lot on your right. The parking lot is directly across from the pool. Follow the side walk to the right of the pool and enter the main set of doors.</p> <p>From 206 north: Take Rt. 206 south towards Princeton. As you come down the mountain into Princeton you will turn left and follow the signs for Valley Rd. Once you are on Valley Rd. proceed down Valley Rd. and turn right onto Walnut Lane. Proceed down Walnut Ln. and turn left onto Guyot Ave. Park in the first parking lot on your left. The parking lot is directly across from the pool. Follow the side walk to the right of the pool and enter the main set of doors.</p>
<u>Order of Events:</u>	Order of events are on the next page.

2012 YMCA East Field Championships, December 15 and 16, 2012

Saturday 13 & Over Events	Warm Up	Session Start
Preliminaries	8:15 AM	9:30 AM
Distance – 400 IM (timed finals)	No earlier than 11:30 AM	No earlier than 11:50 AM
Finals	5:30 PM	6:30 PM

Girls Event Number	Qualifying Time	Event	Qualifying Time	Boys Event Number
1	1:13.69	13-14 100 Butterfly	1:10.89	2
3	1:09.29	15-18 100 Butterfly	1:01.39	4
5	28.09	13-14 50 Freestyle	26.89	6
7	27.39	15-18 50 Freestyle	24.59	8
9	2:59.69	13-14 200 Breaststroke	2:57.99	10
11	2:59.99	15-18 200 Breaststroke	2:43.59	12
13	1:11.29	13-14 100 Backstroke	1:09.69	14
15	1:08.89	15-18 100 Backstroke	1:02.79	16
17	2:14.79	13-14 200 Freestyle	2:09.09	18
19	2:08.09	15-18 200 Freestyle	1:55.59	20
Session Break				
81	5:22.98	13 & Over 400 IM	4:56.98	82

Saturday 9 – 12 Events	Warm Up	Session Start
Finals	1:00 PM	2:15 PM

Girls Event Number	Qualifying Time	Event	Qualifying Time	Boys Event Number
21	3:15.99	9-10 200 IM	3:18.99	22
23	2:47.09	11-12 200 IM	2:54.29	24
25	34.39	9-10 50 Freestyle	35.09	26
27	30.19	11-12 50 Freestyle	30.89	28
29	1:42.99	9-10 100 Butterfly	1:45.09	30
31	1:22.69	11-12 100 Butterfly	1:32.99	32
33	46.19	9-10 50 Breaststroke	48.49	34
35	40.79	11-12 50 Breaststroke	42.99	36
37	1:29.49	9-10 100 Backstroke	1:34.49	38
39	1:18.09	11-12 100 Backstroke	1:21.59	40

2012 YMCA East Field Championships, December 15 and 16, 2012

Sunday 13 & Over Events	Warm Up	Session Start
Preliminaries	8:15 AM	9:30 AM
Distance – 500 Free (timed finals)	No earlier than 11:30 AM	No earlier than 11:50 AM
Finals	5:30 PM	6:30 PM

Girls Event Number	Qualifying Time	Event	Qualifying Time	Boys Event Number
41	1:22.39	13-14 100 Breaststroke	1:19.59	42
42	1:19.89	15-18 100 Breaststroke	1:12.99	44
45	2:33.99	13-14 200 Backstroke	2:33.59	46
47	2:32.79	15-18 200 Backstroke	2:20.49	48
49	1:01.59	13-14 100 Freestyle	58.89	50
51	59.39	15-18 100 Freestyle	53.39	52
53	2:54.99	13-14 200 Butterfly	2:54.99	54
55	2:43.29	15-18 200 Butterfly	2:33.99	56
57	2:33.69	13-14 200 IM	2:28.19	58
59	2:28.89	15-18 200 IM	2:14.99	60
Session Break				
83	5:57.68	13 & Over 500 Free	5:25.98	84

Sunday 9 – 12 Events	Warm Up	Session Start
Finals	1:00 PM	2:15 PM

Girls Event Number	Qualifying Time	Event	Qualifying Time	Boys Event Number
61	1:27.49	9-10 100 IM	1:31.29	62
63	1:17.09	11-12 100 IM	1:20.39	64
65	41.39	9-10 50 Butterfly	43.79	66
67	34.59	11-12 50 Butterfly	37.89	68
69	1:18.09	9-10 100 Freestyle	1:20.29	70
71	1:07.29	11-12 100 Freestyle	1:09.09	72
73	41.09	9-10 50 Backstroke	43.19	74
75	36.29	11-12 50 Backstroke	37.59	76
77	1:42.09	9-10 100 Breaststroke	1:48.79	78
79	1:28.49	11-12 100 Breaststroke	1:34.79	80

**2012 New Jersey YMCA
East Field Championships
Meet Entries Cover Form**

Please complete this form in its entirety. The Competition Committee and Meet Director will use this form if there are questions or clarifications needed in your team's entries. This form must be submitted with all entries whether you submit a Hy-Tek computer file with accompanying hard copy, or if you submit hand-written entry forms.

I hereby certify that swimmers listed on the entry disk and/or entry forms have fulfilled the East Field (South Division) Committee Meet Requirements and that the seed times are verifiable.

Team Name: _____

Coach's Name: _____

Telephone: (day) _____ (night) _____ (email) _____

Signatures:

Coach: _____ Date: _____

YMCA Executive Director: _____ Date: _____

WAIVER

In consideration of the acceptance of our association entry, we on behalf of our association entered herein and its associated entities (collectively "participants"), hereby waive and release any and all claims against Somerset Hills YMCA, Hamilton YMCA, Princeton Regional School District, the YMCA of the USA and their officers, agents, employees, volunteers and assigns, for any injury, expenses, or damages, to participant's officers, agents, employees and assigns while present at, or en route to or from, said meet, or to property on the premises of the event.

Head Coach/Competitive Aquatic Director:

Signed _____ Date _____

CEO/Executive Director:

Signed _____ Date _____

TEAM FEE:

TOTAL TIMED FINAL EVENTS: _____ x \$4.00 = _____

TOTAL PRELIM/FINALS EVENTS: _____ x \$5.00 = _____

TOTAL SWIMMERS: _____ x \$10.00 = _____

TOTAL FEE: _____ \$ _____

Make checks payable to: SHY S.T.P.O. and mail to:

**Mary Bigini
137 South Maple Ave.
Basking Ridge, NJ 07920**